



# May 2017

## Springville Senior Center

**65 E 200 S 801-489-8738**

### Call for Reservations



Mon	Tue	Wed	Thu	Fri
<b>Salisbury Steak 1</b> 8:00 Aerobics 9:30 May Day Craft \$ 10:00 Bunco 11:00 Cards (Pinochle) 12:30 Poker 12:30 Movie-- 12 Angry Men 1:00 Art Class 6:00 Pottery Class \$	<b>Chicken Wrap 2</b> 8:45 Tai Chi 9:30 Dance 9:30 Foot Clinic-- Call for appt. 11:00 Cards (Pinochle) 11:30 Bluegrass Class 12:30 Cards (500) 2:00 Cards (Bridge)	<b>Lemon Pepper Chicken 3</b> 8:00 Aerobics 10:00 Boost Your Brain 12:30 Bingo <b>6:00 Kaden Larson Pianist</b> 	<b>Swedish Meatballs 4</b> 8:45 Tai Chi 9:30 Dance <b>10:00 KY Derby Party</b> 10:00 Living Well Class 10:30 Creative Writing 11:00 Cards (Pinochle) 12:30 Cards (500) 6:00 Pottery Class \$	<b>Beef Taco Salad 5</b> 8:00 Aerobics 9:00 Board Meeting 10:00 Swap Bingo <b>11:30 Cinco de Mayo Party</b> 12:30 Movie-- Collateral <b>CINCO DE MAYO</b>
<b>Country Fried Steak 8</b> 8:00 Aerobics 11:00 Cards (Pinochle) 12:30 Poker 12:30 Movie—Rudy 1:00 Art Class 6:00 Pottery Class \$	<b>Lasagna 9</b> 8:45 Tai Chi 9:30 Dance 11:00 Cards (Pinochle) 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Cards (Bridge) 2:00 Book Club	<b>Hawaiian Haystacks 10</b> 8:00 Aerobics 9:30 Foot Clinic-- Call for appt. 10:00 Boost Your Brain 12:30 Bingo	<b>Sloppy Joes 11</b> 8:45 Tai Chi 9:30 Dance 10:00 Living Well Class 11:00 Cards (Pinochle) 12:30 Cards (500) 6:00 Pottery Class \$	<b>Roast Pork 12</b> 8:00 Aerobics 10:00 Swap Bingo <b>12:00 Mother's Day Party</b> 12:45 Movie— La La Land 
<b>Sweet &amp; Sour Chicken 15</b> 8:00 Aerobics <b>10:00 Battle of the Sexes Game</b> 11:00 Cards (Pinochle) 12:30 Poker 12:30 Movie— Butch Cassidy 1:00 Art Class 6:00 No Pottery Class	<b>Malibu Chicken 16</b> 8:45 Tai Chi 9:00 ROMEOS 9:30 Dance 11:00 Cards (Pinochle) 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Cards (Bridge)	<b>Meatloaf 17</b> 8:00 Aerobics 10:00 Free Legal Help— Call for appt. 10:00 Boost Your Brain 10:30 Blood Pres. Clinic 12:30 Bingo	<b>Biscuits &amp; Gravy 18</b> 8:45 Tai Chi 9:30 Dance 10:00 Living Well Class 10:30 Creative Writing 10:30 Bonus Bingo 11:00 Cards (Pinochle) 12:30 Cards (500) 6:00 Pottery Class \$	<b>Roast Turkey 19</b> 8:00 Aerobics 10:00 Swap Bingo 12:30 Movie— The Founder
<b>Ham &amp; Turkey Sub 22</b> 8:00 Aerobics 11:00 Cards (Pinochle) 12:30 Poker 12:30 Movie— Dead Poet's Society 1:00 Art Class 1:00 Red Hat's 6:00 Pottery Class \$	<b>Ham and Beans 23</b> 8:45 Tai Chi 9:30 Dance 11:00 Cards (Pinochle) 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Cards (Bridge)	<b>Chicken Pot Pie 24</b> 8:00 Aerobics 10:00 Boost Your Brain 10:30 Blood Pres. Clinic 12:30 Bingo	<b>Baked Ham 25</b> 8:45 Tai Chi 9:30 Dance 11:00 Cards (Pinochle) 12:30 Cards (500) 6:00 No Pottery Class	<b>Roast Beef 26</b> 8:00 Aerobics 10:00 Swap Bingo <b>12:00 Birthday Party</b> 12:30 Movie— Hidden Figures 
<b>CLOSED 29</b>  <b>Memorial DAY</b>	<b>Shepherd's Pie 30</b> 8:45 Tai Chi 9:30 Dance 11:00 Cards (Pinochle) 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Cards (Bridge)	<b>Pork Rib Sandwich 31</b> 8:00 Aerobics 10:00 Boost Your Brain 12:30 Bingo	<b>MEALS ARE SERVED DAILY AT NOON!!</b> Call 801-489-8738 by noon the day before to make dinner reservations. Choose from the regular menu or chef's salad. Food is provided by Mountainland. <b>Menu subject to change.</b> <b>Donation per person over 60: \$3.00</b> <b>Cost per person under 60: \$6.00</b>	

\$=Extra Charge

Potluck and Games - Saturday, May 20 @ 4:30pm.

VISIT OUR WEBSITE: [WWW.SPRINGVILLESENIORCENTER.ORG](http://WWW.SPRINGVILLESENIORCENTER.ORG)

Senior Center Hours 8am-3pm Monday-Friday

## Member Spotlight – Janet Thompson



Janet Louise Erwin Thompson was born in Schenectady, New York. At age seven, she and her parents moved to the country when they bought a 13-room, 150-year-old farm house situated on 18 acres. Babe the horse came to live on the farm a year later. Though Janet was an only child, she was never lonely as she had many interests. Besides being horse crazy and dance lessons, she was interested in seeing the historical sites around the Saratoga-Schenectady area and did original research. At 18 she left New York to go to BYU where she got a degree in his-

tory and a minor in French. She studied in Grenoble, France for a semester abroad in 1966. In 1967 Janet married James West Thompson from Highland, Utah. They had two children, Wendy and Greg, and made their home in Provo. Jim died from a massive heart attack in 2009. She remarried at 67 to a widower who owns a house in Springville. Janet still has many interests. She was a girl scout leader for 20 years. She has danced all her life, taking tap when her children were in dance and joining the Granny Dancers in her 40s.

She is now taking creative dance lessons at Springville Senior Citizen Center and is a member of the center's Red Hat Society.

Janet retired from Nestle Frozen Foods in Springville. And yes, she still owns a horse.

### MAY BIRTHDAYS

- |                                  |                                   |                              |
|----------------------------------|-----------------------------------|------------------------------|
| 2– Billy Williams                | 13– James Astle, LuAnn Hansen     | 19– Nancy Sharp              |
| 3– Bill Charles, Ritva Johnston  | 13– Garold Jensen                 | 21– Carolyn Patten           |
| 5– Mona Steele                   | 14– Shirley Asay, Sharon Bryant   | 23– Norm Stevens             |
| 6– Deanna Brown, Preston Merrill | 15– LorRaine Madill               | 24– Christie Cherrington     |
| 7– Sylvia Clegg                  | 16– Myron Bostwick, Marie Murdock | 24– Lisa Duncan              |
| 8– Bonnie DeLuna, Darla Razmic   | 16– Edna Weight                   | 25– Judy Cox                 |
| 9– Nancy Noon                    | 17– Jerry Dalton, Anna Mae Wardle | 26– Howard Royle             |
| 10– Ruth Lowe                    | 18– Bill Brown, Helen Perry       | 28– Bill Corry, Brent Tenney |
| 11– Rhonda Boulter               | 18– LaFae Pyne                    | 29– Nancy Nielson            |
| 12– Marge Gains                  | 19– Bonnie Corry                  | 30– Catherine Maier          |



**SALT LAKE  
CITY & COUNTY BUILDING TOUR**

**MONDAY, JUNE 12TH \$7**

The Salt Lake City and County Building is one of Salt Lake City's most beloved landmarks. Completed in the 1894, the building is Utah's finest example of Richardsonian Romanesque architecture. Its rich history includes the Utah State Constitutional Convention, the trial of Joe Hill, and an infamous pumpkin. In the late 1980s, it became the first building in the world to be retrofitted with base isolators. During an earthquake, the building will gently float on 440 steel and rubber "slinkies." Utah Heritage Foundation's one-hour guided tour of the City and County Building begins with the base isolators beneath the building and ends in the clock tower high above.

Meet at the Provo FrontRunner Station at 9:40am

Bring money for lunch at the building's café for an early lunch before the tour if you wish. Tour begins at noon.  
We will be home at approximately 3:15pm



You'll never understand them, you might as well defeat them!

Help your team reign superior in this men vs. women game. Everyone is welcome. Please sign up!

**Monday, May 15th  
10:00am**

**THE SPRINGVILLE SENIOR CENTER  
PROUDLY PRESENTS**

**PIANIST GRADEN GARDSON**

**THESE WERE REAL PEOPLE  
MUSIC THROUGH THE YEARS**

**WEDNESDAY, MAY 3RD 6:00PM  
65 EAST 200 SOUTH, SPRINGVILLE  
FREE AND OPEN TO THE PUBLIC**



# KENTUCKY DERBY PARTY!

Learn about Derby traditions, participate in a few activities and sample some fun treats. This party is FREE, but please sign up so we have enough for everyone!

THURSDAY, MAY 4TH

10:00AM



Woman seeking a roommate for the San Francisco Trip! If you (or a friend) might be interested, please let us know ASAP!

**6 day adventure!**  
September 16-21, 2017

\$1048 per person (double occupancy)  
\$1652 single occupancy/ \$848 triple occupancy  
Price includes hotels, admissions, transportation in San Francisco and most meals. Cost does not include train or plane fares or some meals (please see reverse side for fares and meals).

- See the west by train!
- Muir Woods
- Alcatraz
- Cable Cars
- Museums
- Optional Yosemite Trip
- Early sign-up discount—save \$50!



## Springville Senior Center— San Francisco!



- Day 1-2: Leave Provo on the California Zephyr train to see spectacular views on the way to San Francisco. We will stay 4 nights in beautiful downtown San Francisco close to many fun sites and activities.
- Day 3: Visit sites around San Francisco including Fisherman's Wharf, Pier 39, Ghirardelli Square and the Cable Car Museum.
- Day 4: Golden Gate Park, Lombard Street and Coit Tower, OR take an optional day trip to Yosemite (see reverse for information.)
- Day 5: Visit Alcatraz, Legion of Honor, Walt Disney Museum and the Presidio.
- Day 6: Return home to Provo (flight from Oakland—see reverse for more information)

SAVE THE DATE!

SENIOR CENTER CAMPOUT

AUGUST 9—10



JOLLEYS RANCH



*May Day Craft!*  
Monday, May 1st 9:30am \$5

Do you remember leaving May Day flowers? Surprise your friends or neighbors this year with this cute arrangement. Price includes flowers, mason jar, ribbon and tag. (Flowers may vary slightly depending on availability.)