

LIVING WELL WITH CHRONIC PAIN

Learn techniques and skills you need to manage your chronic pain condition in this 6-week workshop

**EVERY THURSDAY
FEBRUARY 21ST - MARCH 28TH
9:30 AM - NOON
SPRINGVILLE SENIOR CENTER
65 E 200 S**



To register, visit
livingwell.utah.gov
or call 801-851-7095

**FAMILY &
CAREGIVERS
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