

February 2019

Springville Senior Center

65 E. 200 S. 801-489-8738

Call for Reservations



Alternate Meals:

Feb 1.....Salad
 Feb 4-8.....Soup/Sandwich
 Feb 11-15.....Salad
 Feb 19-22.....Soup/Sandwich
 Feb 25-28.....Salad

Mon	Tue	Wed	Thu	Fri
<p>MEALS ARE SERVED DAILY AT NOON!! Call 801-489-8738 by noon the day before to make lunch reservations. Choose from the regular or alternate menu. Food is provided by Mountainland. <i>Menu subject to change.</i></p> <p>Donation per person aged 60+: \$3.00 Cost per person under 60: \$6.00</p>				
<p>Country Fried Steak 4</p> <p>8:00 Aerobics 10:00 Bunco 12:30 Poker 1:00 Art Class 6:00 Pottery Class \$</p> 	<p>Sweet & Sour Chicken 5</p> <p>8:30 Tai Chi 9:30 Foot Clinic-- Call for appt. 11:30 Chinese New Year Year of the Pig 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Line Dancing</p> 	<p>Soft Shell Beef Taco 6</p> <p>8:00 Aerobics 9:00 Recorder Group 10:00 Boost Your Brain 12:30 Bingo 6:00 An Evening With James Oneil Miner FREE CONCERT</p> 	<p>Hawaiian Haystacks 31</p> <p>8:30 Tai Chi 12:30 Cards (500) 3:00 Butterfly Biosphere \$ 6:00 Pottery Class \$</p>	<p>Roasted Beef 1</p> <p>8:00 Aerobics 9:15 Laughter Yoga 10:00 Swap Bingo 12:45 Movie—(cc) First Man</p>
<p>Salisbury Steak 11</p> <p>8:00 Aerobics 9:00 Board Meeting 10:00 Free Legal Help— Call for appt 12:30 Poker 1:00 Art Class 3:00 Butterfly Biosphere\$ 6:00 Pottery Class \$</p>	<p>3 Cheese Tortellini 12</p> <p>8:30 Tai Chi 9:30 Krishna Temple \$ 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Book Club 2:00 Line Dancing</p>	<p>Beef & Veggie Stew 13</p> <p>8:00 Aerobics 9:00 Recorder Group 9:30 Foot Clinic-- Call for appt 10:00 Boost Your Brain 12:30 Bingo</p>	<p>Meat Loaf 14</p> <p>8:30 Tai Chi 10:30 Valentine BINGO 11:00 Podiatrist— Call for appt 12:30 Cards (500)</p>	<p>Barbeque Chicken 15</p> <p>8:00 Aerobics 10:00 Swap Bingo 12:00 Nurse's Corner 12:45 Movie—(cc) The Old Man & the Gun</p>
<p>Closed 18</p> 	<p>Chicken Salad Wrap 19</p> <p>8:30 Tai Chi 9:00 Free Tax Prep. Call for appt. 9:00 ROMEOs 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Line Dancing</p>	<p>Beef Lasagna 20</p> <p>8:00 Aerobics 9:00 Recorder Group 10:00 Boost Your Brain 12:30 Bingo 5:30 Newsies \$</p>	<p>Beef Chili 21</p> <p>8:30 Tai Chi 9:00 Chronic Pain Workshop 10:00 Creative Writing 12:30 Cards (500) 1:00 Shakespeare Reading Group 5:15 Blithe Spirit \$</p>	<p>BBQ Pulled Pork 22</p> <p>8:00 Aerobics 10:00 Swap Bingo 12:00 Birthday Party 12:45 Movie—(cc) Bohemian Rhapsody</p> 
<p>Honey Baked Ham 25</p> <p>8:00 Aerobics 12:30 Poker 1:00 Red Hat Luceon 1:00 Art Class 6:00 Pottery Class \$</p>	<p>Kalua Pork 26</p> <p>8:30 Tai Chi 11:30 Bluegrass Class \$ 12:30 Cards (500) 2:00 Line Dancing</p>	<p>Hawaiian Haystacks 27</p> <p>8:00 Aerobics 9:00 Recorder Group 10:00 Boost Your Brain 12:30 Bingo</p>	<p>Malibu Chicken 28</p> <p>8:30 Tai Chi 9:00 Chronic Pain Workshop 10:00 Creative Writing 12:30 Cards (500) 6:00 Pottery Class \$</p>	<p><i>Happy Valentine's Day!</i></p> 

\$=Extra Charge
 cc=Closed Captioning

Potluck and Games - Saturday, February 16 at 4:30pm
 Come, have fun and bring your favorite dish!