# May 2019
## Springville Senior Center
65 E. 200 S. 801-489-8738
Call for Meal Reservations

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
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</table>
| **MEALS ARE SERVED DAILY AT NOON!!**
Call 801-489-8738 by noon the day before to make lunch reservations. Choose from the regular or alternate menu. Food is provided by Mountainland. *Menu subject to change.*
Donation per person aged 60+: $3.00
Cost per person under 60: $6.00 | **Lemon Chicken** 1
8:00 Aerobics
10:00 Boost Your Brain
12:30 Bingo
*6:00 A Night with Barbershop Quartet*
| **Swedish Meatballs** 2
8:30 Tai Chi
12:30 Cards (500)
1:00 Shakespeare Reading Group
5:00 Glorious Play $6:00 Pottery Class $6:30 New Testament Group | **Taco Salad** 3
8:00 Aerobics
10:00 Swap Bingo
11:30 Uno Flip Game
12:45 Movie—(cc)
Holmes & Watson |

<table>
<thead>
<tr>
<th>Country Fried Steak</th>
<th>Beef Lasagna</th>
<th>Hawaiian Haystacks</th>
<th>Sloppy Joes</th>
<th>Roasted Pork</th>
</tr>
</thead>
</table>
| 8:00 Aerobics
10:00 Bunco
11:15 Tai Chi for Arthritis
12:30 Poker
1:00 Art Class
6:00 Pottery Class $6:00 Magic Class $ | 8:30 Tai Chi
9:30 Foot Clinic—Call for appt.
10:00 Recorder Group
11:30 Bluegrass Class $12:30 Cards (500)
12:30 Bocce Ball Tournament
2:00 Line Dancing | 8:00 Aerobics
10:00 Boost Your Brain
12:30 Bingo | 8:30 Tai Chi
10:00 Card Making
12:30 Cards (500)
1:30 Noorda Theater Trip $6:00 Pottery Class $6:30 New Testament Group | 8:00 Aerobics
10:00 Battle of the Sexes
12:00 Mother’s Day Luncheon
12:45 Movie—(cc)
On Basis of Sex
Ruth B. Ginsburg |

<table>
<thead>
<tr>
<th>Salisbury Steak</th>
<th>Kalua Pork</th>
<th>Chicken Salad Wrap</th>
<th>BBQ Chicken</th>
<th>Roasted Turkey</th>
</tr>
</thead>
</table>
| 8:00 Aerobics
9:00 Board Meeting
11:15 Tai Chi for Arthritis
12:00 Free Legal Help—Call for appt.
12:30 Poker
1:00 Art Class
6:00 Pottery Class $ | 8:30 Tai Chi
10:00 Recorder Group
11:30 Bluegrass Class $12:30 Cards (500)
2:00 Book Club
2:00 Line Dancing | 8:00 Aerobics
9:30 Foot Clinic—Call for appt.
10:00 Boost Your Brain
12:30 Bingo | 8:30 Tai Chi
10:30 Bonus Bingo
**11:30 LUNCH 12:00 CLOSED**
12:30 Provo Pioneer Village $6:00 Pottery Class $6:30 New Testament Group | 8:00 Aerobics
10:00 Swap Bingo
12:00 Nurse’s Corner
12:45 Movie-DG Tucker’s Off the Wall Cinema
Angel On My Shoulder (1946) |

<table>
<thead>
<tr>
<th>Sweet &amp; Sour Chicken</th>
<th>Shepherd’s Pie</th>
<th>Chicken Pot Pie</th>
<th>Honey Baked Ham</th>
<th>Roasted Beef</th>
</tr>
</thead>
</table>
| 8:00 Aerobics
11:15 Tai Chi for Arthritis
12:30 Poker
1:00 Art Class
1:00 Red Hat Luncheon
6:00 Pottery Class $ | 8:30 Tai Chi
9:00 ROMEOes
10:00 Recorder Group
11:30 Bluegrass Class $12:30 Cards (500)
2:00 Line Dancing
**Movie Trip—POMS** $ | 8:00 Aerobics
10:00 Boost Your Brain
12:30 Bingo | **8:30 Tai Chi**
**11:00 Petrioniana Museum $**
12:30 Cards (500)
1:00 Shakespeare Reading Group
6:00 Pottery Class $6:30 New Testament Group | 8:00 Aerobics
10:00 Swap Bingo
12:45 Movie—(cc)
A Dog’s Way Home |

<table>
<thead>
<tr>
<th>CLOSED</th>
<th>Cold Cut Subs</th>
<th>Meatloaf</th>
<th>Malibu Chicken</th>
<th>BBQ Pulled Pork</th>
</tr>
</thead>
</table>
| **CLOSED** | 8:30 Tai Chi
10:00 Recorder Group
11:30 Bluegrass Class $12:30 Cards (500)
2:00 Line Dancing | 8:00 Aerobics
10:00 Boost Your Brain
12:30 Bingo | 8:30 Tai Chi
12:30 Cards (500) | 8:00 Aerobics
10:00 Swap Bingo
12:00 Birthday Party
12:45 Movie—(cc)
*Welcome to Marwen* |

$=Extra Charge  
cc=Closed Captioning

### Potluck and Games • Saturday, May 18 at 4:30pm
Come, have fun and bring your favorite dish!
Spotlight – Sharon Holley

Sharon Holley was born in Mamta, Idaho and lived in Idaho till she was eight years old. She moved to Oregon when she was eight and lived there till she went to Utah to BYU to attend college in 1961. She graduated from BYU in Speech Pathology. She worked as a Speech therapist for the Los Angeles school district for one year after graduating. She married Bruce Holley in 1964 whom she met at BYU. They moved to San Fernando Valley. They later moved to San Diego where Sharon taught as a speech therapist.

Her husband joined the navy and was sent to North Carolina 1966-1970. She worked in the schools there for a year and one semester on the marine base as a pre-kindergarten teacher.

Sharon and Bruce had their first child in 1969 while in North Carolina. Their second child was also born in 1969 11 months later. They had eight children altogether. Sharon was a stay at home mother until her children were older and she started working part time.

Sharon and Bruce were married 39 years before her husband pass away in 2003. For the last 16 years she worked as a temple ordinance worker, part time at the temple dining room and Olsen's garden shop in Payson. Sharon enjoys reading, being with the family, sewing, helped make costumes for productions, plants and gardening and is an artist using oil paint.

Sharon does oil painting at the senior center on Mondays and has enjoyed evening speakers who presented at the center. Sharon has 31 grandchildren and 2 great grandchildren. Most of them live close by in Utah except for one daughter in Utah so she gets to spend a lot of time with her family, some who live on her street.

MAY BIRTHDAYS

2– Robert Van Dyke  
11– Rhonda Boulter  
18– LaFae Pyne  

2– Billy Williams  
13– LuAnn Hansen, Garold Jensen  
19– Bonnie Corry, Karen Duke  

3– Ritva Johnston, Bill Charles  
14– Craig Hatfield, Lynette Jakins  
21– Carolyn Patten  

4– Diane Ward  
15– LorRaine Madill  
24– Christie Cherrington  

5– Mona Steele  
16– Myron Bostwick, Marie Murdock  
24– Lisa Duncan  

6– Deanna Brown, Preston Merrill  
16– Edna Weight  
26– Howard Royle  

6– Barbara Reeve  
17– Jerry Dalton, Sandy Moore  
28– Bill Corry, Brent Tenney  

7– Sylvia Clegg, Clark King  
17– Anna Mae Wardle  
29– Lillian Klingler, Nancy Nielson  

10– Ruth Lowe  
18– Bill Brown, Helen Perry  
30– Catherine Maier
Tai Chi for Arthritis

Taught by April Wilkey

Studies show that Tai Chi participants see benefits with all types of arthritis: fibromyalgia, rheumatoid and osteoarthritis.
Reduced pain and increased flexibility are just two benefits of this amazing class!

Mondays
11:15-11:45 A.M.
Starting May 6th

Card Making Class

Thursday, May 9th
10:00 a.m.

4 cards and embossed envelopes $5

Taught by MarLou Irvine

Please sign up and pay by May 6th so supplies can be purchased.

Irish Road Bowling!

Tuesday, June 11th 9:30a.m

Free for members—must be signed up to participate!

Meet at the Senior Center at 9:30 a.m. to receive a map to the country lane where we will be playing. (Location will be within 10 miles of the Senior Center.) After we finish playing, bring money for lunch at the Strap Tank if you wish.

The rules to this 400 year old game are simple—teams take the fewest throws possible to propel a cannonball down country lanes to a predetermined finish line. In true Irish fashion, participants meet at a pub at the end of the game.
LAKESIDE STORAGE'S
PETROLIANA MUSEUM $3*
THURSDAY, MAY 23RD 11:00 A.M.

Guided tour of Lakeside Storage’s extensive petroliana museum. Money collected will be given as a tip to our guide.

*Price is $3 through May 15th. After May 15th, price increases to $6. Meet at Lakeside Storage 4095 West Center Street, Provo at 11:00 a.m. Bring money for lunch at Guru’s Café after the tour if you wish.

Payson Salmon Supper
Friday, August 2nd
3:15-6:15 p.m. $18*
member price—non-member surcharge is $10

Price is $18 until June 14th. After June 14th, price increases to $22.
(Sorry no refunds unless there is a waiting list—tickets have been purchased)

Bocce ball games at Springville’s new fieldhouse!
Tuesday, May 7th 12:30 p.m.
Fun and Prizes!

Meet at 1015 East 950 South
(old community pool)
Free event for members.
Please sign up to participate!
Uno Flip Card Game!
Friday, May 3rd 11:30 a.m.

Come learn this fun Uno game with a few variations!

Guided tour of UVU’s new Noorda Center for the Performing Arts
Thursday, May 9th 1:00 p.m. $3*

The 130,000-square-foot center features a 500-seat proscenium theater with an orchestra pit for live musical performances and opera, and a 900-seat concert hall. The center also features a choral recital hall, a dance theater, 27 practice spaces, 27 teaching studios, production and recording space, piano and computer labs, and conference rooms.

*Important Information! Meet at the Senior Center at 1:00 to caravan to UVU. Please talk to others about carpooling together. Drivers who make arrangements with Torl by 5/7 will receive free parking. Others will need to pay at the garage for $1/hour. Price of the trip is $3 through May 3rd. After May 3rd, price increases to $6.

Guided tour of the Provo Pioneer Village
led by the expert, Robert Carter, and a few others!
Thursday, May 16th 1:00 p.m.

Tour price is $11.00* includes a “pioneer dinner” after the tour.

All money collected will be given as a donation to the Pioneer Village. *Cost is $11 if paid by April 29th. After April 29th, price increases to $18. Meet at the Pioneer Village at 500 West 600 North in Provo at 1:00 p.m. for the tour. Dinner will be at approximately 3pm and include stew and dutch oven cobbler.
**Discount Movie Day! $5**

Tuesday, May 21st - Afternoon

*POMS*

It’s never too late to chase a dream! *POMS* is an uplifting comedy about a group of women who form a cheerleading squad at their retirement community, proving that you’re never too old to ‘bring it!’ Starring Diane Keaton, Pam Grier, Jacki Weaver and Rhea Perlman.

Provo Towne Center Theater. Please pay by Friday, May 17th to get a ticket with the group. Movie times are normally unknown until Sunday, so you will be contacted with exact movie time on Monday morning. We are planning for the 2:00(ish) show.

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**Salt Lake Bees vs. Fresno Grizzlies $20**

Monday, June 24th 4:40 p.m.

Meet at the Provo FrontRunner Station to take FrontRunner and Trax to the Ballpark. Trax station is about 2 blocks from the stadium. Price includes baseball ticket and UTA transportation.

* $20 if paid by May 15th. After May 15th, price increases to $25.

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**Puppets in the City! Saturday, August 10th**

10:40 a.m. $19*

**JUST FOR US**, a special workshop to create your own puppet and then learn tricks on how to best manipulate your new creation. **Space is Limited!**

*Cost of the trip is $19 through June 21st. After June 21st, price increases to $25. Price includes puppet materials, class instruction and FrontRunner/Trax transportation to Salt Lake. We will return home at approximately 5:30p.m. Bring a sack lunch to eat on the train or during breaks. Puppets in the City is a non-profit performing and teaching company bringing the art of puppetry to everyone! Because workshop tickets are pre-purchased, we are unable to give refunds on this trip unless we have a waiting list.

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_A heart warming play for music lovers and those who are tone-deaf alike._

The story of Florence Foster Jenkins-- the world’s worst opera singer.

**Glorious!**

By Peter Quilter

Covey Center Theater

Thursday, May 2nd 5:15 p.m. $10*

Meet at the Senior Center to caravan to Provo. Bring money for dinner at Station 22 before the show if you wish. *Price is $10 if paid by April 1st. After April 1st, price increases to $14.*
Volunteers needed!

**Foot Clinic Caller:** Help twice a month to make reminder phone calls.

**Front Desk Substitute:** Help from 8-10 a.m. at the front desk answering phones and greeting people that come into the Senior Center.

**Potluck Chairman:** Come to the monthly potluck a few minutes early to make sure that things are ready to go. Ensure that things are cleaned up before everyone leaves.

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**ART SHOW**

Tuesday, June 4th through Saturday June 8th
10am-6pm (closes at 4pm on June 8th)

See the NEW Brown Gallery!
274 South Main
Springville

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**The Mormon Miracle Pageant**

FINAL SEASON!

Thursday, June 13th  5:00 p.m.
$25* for charter bus

*$25 if paid by April 5th. The price increases to $30 after April 5th. Because of the need to fill the bus, refunds will be unavailable unless you find someone to fill your seat. Please bring money for dinner at the food vendors or bring dinner with you to enjoy while waiting for the pageant to begin (approximately 9:30pm). Return will be around 12:30 or 1:00am.

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**BATTLE OF THE SEXES**

You'll never understand them, you might as well defeat them!

Help your team reign superior in this men vs. women game. Everyone is welcome. Please sign up!

Friday, May 17th
10:00am
Free and open to the public.

65 East 200 South, Springville

Wednesday, May 1st 6PM

A magic show by the

SHEEPSHOP QUARTET

Night With The

Mr. Barnaby presents

The Springville Senior Center Presents

Monday, May 6th 6:00 P.M.

$10

Class size is limited. Sign up today!

Items will be provided with the class fee.

Isaac Moss, magician, will teach and help you to learn and practice tricks that will amaze your friends, family and friends.

A kit containing basic

SHEEPSHOP MAGIC CLASS

AMAZE, ASTONISH, ASTOUND!