<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Country Fried Steak</td>
<td>Sweet &amp; Sour Chicken</td>
<td>Soft Shell Beef Taco</td>
<td>Chicken Pot Pie</td>
<td>Turkey Breast</td>
</tr>
<tr>
<td>8:00 Aerobics</td>
<td>8:30 Tai Chi</td>
<td>8:00 Aerobics</td>
<td>8:30 Tai Chi</td>
<td>8:00 Aerobics</td>
</tr>
<tr>
<td>9:00 Board Meeting</td>
<td>8:30 Taxes- Call for appt.</td>
<td>10:00 Boost Your Brain</td>
<td>10:00 Cards (500)</td>
<td>9:00 Pre-hab Yoga</td>
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<tr>
<td>10:00 Bunco</td>
<td>9:30 Foot Clinic--</td>
<td>12:30 Bingo</td>
<td>12:30 Van</td>
<td>10:00 Swap Bingo</td>
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<tr>
<td>12:30 Poker</td>
<td>Call for appt.</td>
<td>6:00 Presentation</td>
<td>12:45 Van</td>
<td>12:00 Volunteer</td>
</tr>
<tr>
<td>1:00 Art Class</td>
<td>9:30 Beginners</td>
<td>Utah Outlaws</td>
<td>Celebration!</td>
<td>Appreciation</td>
</tr>
<tr>
<td>6:00 Pottery Class $</td>
<td>Recorder Group</td>
<td>Jay H. Buckley</td>
<td>1:00 Shakespeare</td>
<td>12:45 Movie—(cc)</td>
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<td></td>
<td>10:00 Recorder Group</td>
<td></td>
<td>Reading Group</td>
<td>Harriet</td>
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<td></td>
<td>11:30 Bluegrass Class $</td>
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<td>6:00 Pottery Class $</td>
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<td>12:30 Cards (500)</td>
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<td>1:00 Kubb @ Field House</td>
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<tr>
<td>Salisbury Steak</td>
<td>3 Cheese Tortellini</td>
<td>Beef &amp; Veggie Stew</td>
<td>Meat Loaf</td>
<td>BBQ Chicken</td>
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<tr>
<td>8:00 Aerobics</td>
<td>8:30 Tai Chi</td>
<td>8:00 Aerobics</td>
<td>8:30 Tai Chi</td>
<td>8:00 Aerobics</td>
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<tr>
<td>10:00 Pompeii Trip $</td>
<td>9:30 Beginners</td>
<td>9:30 Foot Clinic--</td>
<td>10:00 Thurs-Day Serve-Day</td>
<td>9:00 Pre-hab Yoga</td>
</tr>
<tr>
<td>12:00 Free Legal Help--</td>
<td>Recorder Group</td>
<td>Call for appt.</td>
<td>12:30 Cards (500)</td>
<td>10:00 Swap Bingo</td>
</tr>
<tr>
<td>Call for appt.</td>
<td>10:00 Recorder Group</td>
<td>10:00 Boost Your Brain</td>
<td>12:30 Cards (500)</td>
<td>12:00 Nurse’s Corner</td>
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<tr>
<td>12:30 Poker</td>
<td>11:30 Bluegrass Class $</td>
<td>10:30 Blood Pres. Clinic</td>
<td>12:45 Movie—(cc)</td>
<td>12:45 Movie—(cc)</td>
</tr>
<tr>
<td>1:00 Art Class</td>
<td>12:30 Cards (500)</td>
<td>12:30 Bingo</td>
<td>Beautiful Day in the Neighborhood</td>
<td>My Favorite Brunette (1947)</td>
</tr>
<tr>
<td>6:00 Pottery Class $</td>
<td>2:00 Book Club</td>
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<td>4:30 Organ Loft Silent Movie $</td>
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<tr>
<td>CLOSED</td>
<td>Beef Lasagna</td>
<td>Chicken Salad Wrap</td>
<td>3 Bean Beef Chili</td>
<td>BBQ Pulled Pork</td>
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<td>8:30 Tai Chi</td>
<td>8:00 Aerobics</td>
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<td>9:00 ROMEOs</td>
<td>10:00 Boost Your Brain</td>
<td>10:30 Bonus Bingo</td>
<td>9:00 Pre-hab Yoga</td>
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<td>9:30 Beginners</td>
<td>12:30 Bingo</td>
<td>12:30 Cards (500)</td>
<td>10:00 Swap Bingo</td>
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<td>Recorder Group</td>
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<td>1:00 Shakespeare</td>
<td>12:00 Nurse’s Corner</td>
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<td>10:00 Recorder Group</td>
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<td>Reading Group</td>
<td>12:45 Movie—(cc)</td>
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<td>11:00 Podiatrist—$</td>
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<td>5:00 Matilda $</td>
<td>Beautiful Day in the Neighborhood</td>
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<td></td>
<td>Call for appt.</td>
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<td>6:00 Pottery Class $</td>
<td>4:30 Organ Loft Silent Movie $</td>
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<td>11:30 Bluegrass Class $.</td>
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<tr>
<td>Honey Baked Ham</td>
<td>Kalua Pork</td>
<td>Malibu Chicken</td>
<td>Hawaiian Haystacks</td>
<td>Roast Beef</td>
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<tr>
<td>8:00 Aerobics</td>
<td>8:30 Tai Chi</td>
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<td>12:30 Poker</td>
<td>8:30 Taxes- Call for appt.</td>
<td>10:00 Boost Your Brain</td>
<td>9:30 Aquarium $</td>
<td>9:00 Pre-hab Yoga</td>
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<td>1:00 Art Class</td>
<td>9:30 Beginners</td>
<td>12:30 Bingo</td>
<td>12:30 Cards (500)</td>
<td>10:00 Swap Bingo</td>
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<tr>
<td>1:00 Red Hat Club</td>
<td>Recorder Group</td>
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<td>6:00 Pottery Class $</td>
<td>12:00 Birthday Party</td>
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<td>6:00 Pottery Class $</td>
<td>10:00 Recorder Group</td>
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<td>12:45 Movie—(cc)</td>
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<td>11:30 Bluegrass Class $</td>
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<td>Ford v Ferrari</td>
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<td>12:30 Cards (500)</td>
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<tr>
<td><strong>POTLOCK</strong></td>
<td><strong>Sat., February 15 at 4:30 pm</strong></td>
<td><strong>EAT &amp; PLAY</strong></td>
<td><strong>MEALS ARE SERVED DAILY AT NOON!!</strong></td>
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</tbody>
</table>

**Call for Meal Reservations**

**Alternate Meals:**
- Feb 3-7: Salad
- Feb 10-14: Soup/Sandwich
- Feb 17: Closed
- Feb 18-21: Salad
- Feb 24-28: Soup/Sandwich

Sat., February 15 at 4:30 pm

Call 801-489-8738 by noon the day before to make reservations. Choose from the regular or alternate meal. Menu subject to change. Food is provided by Mountainland.

Donation per person aged 60+: $3.00
Cost per person under age 60: $6.00

$=Extra Charge  (cc)=Closed Captioning
Spotlight – Chris Hart

Chris was born in Nyssa, Oregon. She graduated from Dixie High in St. George and Utah Technical College at Provo (now UVU). She met her husband while staying the summer in Oregon with her sister. She dated him for 2 summers before he left for a mission to Brazil when she waited for him and was married when he returned. They have 4 girls and a boy. Her husband passed when she was 9 months pregnant with her son. She has 19 wonderful grandchildren.

Chris retired from the Nebo School District where she worked in the daycare at Legacy High School— an alternative school for teen moms.

Her hobbies now include relaxing in her recliner, crocheting amigurumi, knitting and eating out. She also is enjoying learning to play the recorder at the Senior Center.

An interesting thing is that her father was born in 1893 and she is the youngest of 16 children.

Chris’ favorite foods include cheesecake, teriyaki, seafood and Diet Dr. Pepper.

She doesn’t really have a bucket list– just enjoys whatever adventures come her way, but she would love to go back to Rome and would love to visit Prince Edward Island.

She says she doesn’t have any fun stories– that she was a dull and boring child. 😊

We are sure that isn’t true... stop and chat with Chris the next time you see her. She is a lot of fun!

February Birthdays—Come and Celebrate with us February 28TH!

1– Bob Cheatham, Claudia Davenport 11– Vickee Barker, David Sargent
1– Jeff Johnson 12– Connie Farish
2– Tammy Hardman, Darlene Hare 13– David Gunn
3– LaVon Beck, Dianne King 14– Shirley Green, Art Johnson
3– Judy Twitchell 14– Larry Lee
4– Lorraine Carter, Pamela Montero 15– LouAnn Talcott
4– Deanne Nash, Ed Sears 16– Naomi Sumson, Debbie Vincent
5– Jeanette Galloway, Judi Robbertz 17– Charlotte Peay, Ann Petro
5– Annie Starkland 18– Leroy Fugitt
6– Marie Kirk, Lorraine Taylor 19– Bonnie Mathews, Jerrie Fackrell
7– Nina Peterson, Lawana Pratt 19– Lyndia Carter, Nilda Santos Merrill
8– Evelyn Durrant, Jack Graham 20– Cydne Kamauoha, Marie West
20– Wesley Whitby
21– Bill Keller, Dot Marsh
22– Noleen Boulter, Carol Jean Eves
23– Debbie Hadlock
24– Mary Meyers, Martha Sargent
24– Clark Whitlock
26– Roy Kendall, Lisa Willey
27– Vicki Lynn Darais, Carolyn Hansen
28– Lois Bartholomew, Joan Breedlove
28– Maile Walker
29– Sharon Maughan
Little Shop of Horrors
Wednesday, March 18th
6:00 p.m.  $24*
Meet for dinner before the 7:30 show at Pizza Pie Café in Provo (2235 N. University Ave.) Price is $24 through February 28th. After February 28th price increases to $28. Because tickets have been pre-purchased, refunds are only available if you can find someone to take your place.

ORGAN LOFT SILENT MOVIE!  $17*
Silent Movie with live score played on the Mighty Wurlitzer at the Organ Loft in Salt Lake City — playing the movie Special Delivery (1927)
Friday, February 21st  4:30 p.m.
Price includes movie ticket and transportation in the Senior Center van to Salt Lake. Please bring money for dinner before the movie at Stella Grill in Murray. *Price is $17 if paid by February 7th. After February 7th, price increases to $23.

UNDERWATER BUBBLE SHOW
UVU Noorda Center Smith Theater
Monday, March 9th  5:15 p.m.  $19
Recipient of last year’s Merlin Award for BEST FAMILY SHOW OF 2018, and rooted in the rich tradition of Latvian spectacle, The Underwater Bubble Show is sure to delight audiences of all ages. It’s a mesmerizing blend of drama, mime, dance, puppetry, juggling, contortionism, sand art, and magic. After another long day of deadlines and meetings, Mr. B finds himself magically transported to a colorful, happy place called Bubblelandia where his only job is to daydream. Dive into The Noorda and swim through an underwater seascape of fantasy and bedazzlement, delightful creatures of all shapes, sizes and colors, and, of course - Bubbles!
Meet at Golden Corral in Orem at 5:15 p.m. for dinner before the 7:00 show if you wish. *Price is $19 through February 10th. After February 10th, price increases to $23. Because tickets have already been purchased, refunds will only be given if you find someone to take your place.

Barbershop Chorus
The Saltaires at Scera Theater in Orem
Monday, May 11th  5:00 p.m.  $12*
*Price is $12 if purchased by March 13. After March 13, price increases to $16. Bring money for dinner and meet at Applebee’s in Orem for dinner before the 7:00 show if you wish. Tickets have been pre-purchased, so refunds are not available unless you can find someone to take your space.
**Scottish Culture**

Learn about Scottish culture through narrative, bagpipes, drum and dance from Springville’s Johnson family.

**Wednesday, March 4**

**6:00 p.m.**

65 E 200 S, Springville
(Senior Community Center)

Free and open to the public.

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**Pompeii Exhibit at the**

Leonardo Museum in Salt Lake

**Monday, February 10th**  $25*

Meet at Provo FrontRunner Station  9:10 a.m.

We will travel via train and Trax to the Leonardo Museum (walk one block from Trax station to the museum). Price includes exhibit and transportation fees. Bring money for lunch after the exhibit if you wish. *Price is $25 through January 10th. After January 10th, price increases to $32. Because tickets have already been purchased, refunds will only be given if you find someone to take your place.

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**Hale Center Theater– Orem**

Thursday, February 20th

5:15 p.m.  $18*

Meet at Texas Roadhouse by University Mall at 5:15 p.m. for dinner before the 7:30 show if you wish. *Price is $18 through January 10th. After January 10th, price increases to $23. Because tickets have already been purchased, refunds will only be given if you find someone to take your place.
$5 Movie Day! 
Call of the Wild
Tuesday, February 25th – Afternoon

Buck is a big-hearted dog whose blissful domestic life gets turned upside down when he is suddenly uprooted from his California home and transplanted to the Arctic wilds of the Alaskan Yukon in the 1930s. As the newest rookie on a mail-delivery dog sled team, Buck experiences the adventure of a lifetime as he ultimately finds his true place in the world.

Provo Towne Center Theater or Spanish Fork Theater depending on the available times.
Please pay by Friday, February 14th to get a seat with the group. Movie times and location are unknown right now, so you will be contacted with the exact time when it is available. We are planning for the 2:00(ish) show. Tickets are refundable with 48 hour notice.

$5 Movie Day! 
Mulan
Tuesday, March 31st – Afternoon

To save her ailing father from serving in the imperial army, a fearless young woman disguises herself as a man to battle northern invaders in China.

Provo Towne Center Theater or Spanish Fork Theater depending on the available times.
Please pay by Friday, March 20th to get a seat with the group. Movie times and location are unknown right now, so you will be contacted with the exact time when it is available. We are planning for the 4:00(ish) show. Tickets are refundable with 48 hour notice.

KUBB

(Pronounced KOOB). A great Nordic game where you toss dowels to topple your opponents' kubbs, but don’t topple the king until the end!

KUBB

SPRINGVILLE FIELDHOUSE
TUESDAY, FEBRUARY 4TH 1PM
FREE TO PLAY, BUT PLEASE SIGN UP SO WE KNOW HOW MANY ARE COMING!

Rolling Darts
at the Springville Fieldhouse

Tuesday, March 3rd 1pm
Free to play, but please sign up so we know how many to expect.
Volunteers needed!

Foot Clinic Caller: Help twice a month to make reminder phone calls.

Kitchen Help: Would you be willing to help once a week to serve lunch? (11:45-12:15) Or help just with the big parties 1-2 times a month? (11:30-12:15)

Free Tax Assistance!

Please don’t forget to bring with you
1. All people listed on the return must be present.
2. Last year’s return
3. Social Security Card & Driver’s License or photo ID (FOR EVERY PERSON LISTED ON THE RETURN)
4. All other tax related documents

Tuesday, February 4th
Tuesday, February 25th
Tuesday, March 17th
Tuesday, April 7th

Living Planet Aquarium—Draper

Thursday, February 27th
9:30 a.m. $28*

Meet at the Senior Center at 9:30 a.m. to travel to the Aquarium in the Senior Center’s van. Price includes transportation and admission. Bring money for lunch at the aquarium café if you wish. *Price is $28 if paid by February 13th. Price increases to $35 after Feb. 13th. If you are unable to attend, $10 of the fee is non-refundable unless you are able to find someone to take your place. We will return at approximately 3:00 p.m.

Come learn to Square Dance!

Saturday Feb 1st
Springville Senior Center

Instruction starts at 7 pm sharp
Potluck snack

Questions? Call or text Diane 801 787-6264

BECOME A VOLUNTEER - MAKE A DIFFERENCE

Maurick’s

HAPPY HEARTS VALENTINE’S DANCE

Saturday, Feb 15
7:00-9:15 pm
Springville Senior Center
65 East 200 South, Springville
Caller: Kathy Evans

Bring a Valentine treat to share
Free photo booth!

Alternating beginner basics
and mainstream dancing
Big prizes!

Hat Parade—April 10th at 11:55 a.m.

Hat must be worn during the parade to qualify. Prizes for Most Creative, Funniest and Most Easter-y.

UTAH OUTLAWS
Hangouts, Facts and Folklore

Presentation by Jay H. Buckley

Wednesday, February 5th
6:00 p.m.

65 E 200 S (Springville Senior Center)
Free and open to the public.

BATTLE OF THE SEXES

You’ll never understand them, you might as well defeat them!

Help your team reign superior in this men vs. women game. Everyone is welcome. Please sign up!

Friday, March 13th
10:00am

New beginners recorder group!

Tuesdays 9:30 a.m.
Free recorder for all who want to participate (while supplies last).
Thursday, February 6th, 12:45 p.m.

Van naming contest!

Treats!

Door prizes!

Come and celebrate with us!

Use for trips and special activities!

The Senior Center has a new van to celebrate! Let's celebrate!