# DEC23

65 East 200 South 801.489.8738 www.springvilleseniorcenter.org springvilleseniors@yahoo.com



Monday	Tuesday	Wednesday	Thursday	Friday
Country Fried Steak 27 Mashed Potatoes Mixed Veggies	Hawaiian Haystacks 28 Rice Pineapple	Roasted Pork29Hot Potato SaladCookie Bar	Homemade Meatloaf 30 Garlic Mashed Potatoes Steamed Broccoli	Beef Stroganoff1Apple CrispGreen Salad
10:00 Open Pottery 10:00 Strength Exercise 11:00 Billiards 11:30 Lunch 1:00 Art Class	9:00 Tai Chi 9:00 Foot Clinic (by appt) 10:00 Boost Your Brain 11:00 Billiards 12:00 Cards (500) 1:00 Bluegrass Class \$ 6:30 Pottery	9:00 Foot Clinic (byappt) 10:00 Bingo 11:30 Lunch 12:00 Billiards 1:00 Recorder Class	9:00 Tai Chi 11:00 Billiards 11:00 Quilting Group 11:30 Lunch 3:45 World Of Illumination \$	10:00 Open Pottery 10:30 Hand Massages 11:00 Billiards 11:30 Lunch 12:15 Movie- The Book Thief
Swedish Meatballs 4 Rice Navel Orange	Biscuit & Gravy 5 Scrambled eggs Peaches	Garlic Beef Round6Mashed PotatoesApple Crisp	Chili7Corn BreadFruit Cocktail	Turkey Breast8Mashed PotatoesCherry Cobbler
10:00 Bunco 10:00 Strength Exercise 11:00 Billiards 11:30 Lunch 12:30 Earring Class \$ 1:00 Art Class	9:00 Tai Chi 10:00 Boost Your Brain 11:00 Billiards 12:00 Cards (500) 12:15 Henry Sugar Movie 1:00 Bluegrass Class \$ 3:45 World Of Illum. \$ 6:30 Pottery	9:00 Board Meeting 10:00 Bingo 11:15 Gen Member Mtg 11:30 Lunch 12:00 Billiards 1:00 Recorder Class 1:00 Book Club 4:45 Best Christmas Pageant Ever \$	9:00 Tai Chi 11:00 Quilting Group 11:15 Mark Shipley Performs 11:30 Lunch	10:00 Open Pottery 11:15 Bill Lowe Performs 11:30 Lunch 12:30 Christmas Trivia
Salisbury Steak 11	Chicken Wrap 12	Meatloaf 13	Teriyaki Chicken 14	Honey Ham 15
Garlic Mashed Potatoes Mandarin Oranges	Pasta Salad Pears	Garlic Mashed Potatoes Jell-O Cup	Brown Rice Pineapple	Scalloped Potatoes Beets
10:00 Strength Exercise 10:00 Legal Help(by appt) 11:00 Billiards 11:30 Lunch 12:00 Phone Help Class 1:00 Art Class 1:00 Red Hat Club	9:00 Tai Chi 10:00 Boost Your Brain 11:00 Billiards 11:15 Ron Allison Performs 12:00 Cards (500) 1:00 Bluegrass Class \$ 6:30 Pottery	10:00 Bingo 11:30 Lunch 1:00 Recorder Class Performance	9:00 Tai Chi 11:00 Billiards 11:00 Quilting Group 11:30 Lunch 12:00 Craft & Chat \$ 5:15 Christmas Jazz \$	10:00 White Elephant 11:00 Billiards 11:30 Lunch 12:15 Off the Wall Cinema The Bishops Wife Saturday 12/16 4:30 Potluck & Games

MERRY CHRISTMAS THE SENIOR CENTER WILL BE CLOSED DECEMBER 16<sup>TH</sup>- JANUARY 2ND



#### Meals Served 11:30am- 11:45 am

#### Please make Reservations and cancelations at least one day in advance by 1:00pm. Food is provided by Mountainland. Menu subject to change.

\$3 donation per meal for anyone age 60+ is appreciated

#### Alternate Meals

Nov 27-30 Chef Salad Dec 1 Chef Salad Dec 4- 8 Soup/Sandwich Dec 11-15 Chef Salad



## Birthdays!

- 1- Jackie Riley
- 2- Jeanine Greenhalgh
- 3- Jane Barlow, Becky Thomas
- 4- Allen Perry
- 4- KarenLee Logan
- 5- Lawrence McLay
- 5- Sue Lyman
- 6- Marcy Swingholm
- 9- Robert Ulrich
- 10- Nancy Hamberlin
- 10- Cathy Scozzafava
- 10- Simon Goldman
- 10- David Johnston
- 11- Julie Anderson
- 13- Don Walker
- 15- Robert Sackett
- 15- Brian Van Patten
- 17- Dawna Larson, John Talcott
- 18- Lorraine Vernon
- 18- Sally Maricle
- 19- Ron Daughs
- 20- Collette Binks, Vonnie Clark
- 24- Carol Nielsen
- 25- Jolene Camara
- 25- Janis Peterson
- 26- Anthony Oxborrow
- 26- Cyndy Pigott
- 28- Wallace Carr
- 29- Marianne Green
- 29- Betty Hatfield, Merril Jakins
- 29- Joanne Wiley, Rick Henage
- 30- Ellen Nelson
- 30- Ella Sorensen
- 30- Rose Ruff
- 30- Marilyn Oxborrow
- 31- Jimmy Benally

## **Alternate Meals**

If you would prefer something different from the regular menu option, alternate meals are available.

Dec 1Chef SaladDec 4-5Cream of Potato Soup/ Turkey SandwichDec 6-8Chicken Noodle Soup/ Turkey SandwichDec 11-15Chef Salad

If you would like the alternate meal, please let us know when you make your meal reservations.

Be sure to attend the general membership meeting on December 6th at 11:15am to affirm the Board of Trustees for term 2024-2026.

Please see a board member or staff if you have any comments or questions about the Senior Center!

**Board of Trustees**- Daryl Tucker, Cathy Allen, Nancy Jackson, Ruth Nielsen, Retha Walker

Secretary- Jane Quinn

Treasurer- Jolene Camara

**Senior Center Staff**- Tori Eaton, Amber Painter, Celine Ethington, Silvia Zapata

## **Presented by Golden Age Services**

## Are You Smarter Than Your Phone?

Many of us AREN'T! Be sure your phone is fully charged and that you know your passwordsespecially to the google store (for android phones) and iTunes/Apple Store (for iPhones)

Monday, December 11th at 12:15 p.m.



#### TRIP #2

#### Salt Lake Fairpark

Meet at the Senior Center to travel in Van-Go to Salt Lake. Bring money for dinner at the Garage Grill. If you require special accommodations, please advise when you sign up. Tickets have been pre-purchased, so refunds are unavailable unless you can find someone to take your place.



#### Find out more at mountainland.org/SoulDrive or call 801-229-3820



## BYU Paleontology Museum \$2 Wednesday, January 24th 12:30pm

Meet at the Senior Center at 12:30pm to travel in Van-Go to Provo. We will spend some time at the museum and then stop for a treat at Twisted Cow ice cream on the way home.

If you require special accommodations, please notify when you sign up. Cancelations are available through January 12th after the 12th, refunds are available only if you can find someone to take your place.



BYU faculty presents a recital of classic repertoire and new arrangements for brass.

#### Brassworks Faculty Concert at BYU \$3

#### Wednesday, January 31st 5:15pm

Meet at the Senior Center at 5:15pm to ride in Van-Go to Provo to have dinner at Koi Ramen before the show.

If you require special accommodations, please notify when you sign up. Cancelations are available through January 12th. After that date, refunds are available only if you can find someone to take your place.



This Jazzy Christmas feast is sure to help you make the season bright and keep your spirits light! Conducted by Mark Ammons, Director of the BYU Jazz Ensemble.

## Christmastime Jazz! at BYU \$10 Thursday, December 14th 5:15pm

Relax to some Christmas Jazz and see the new Music Building at BYU! Meet at the Senior Center on Thursday, Dec 14th at 5:15 p.m. to travel to Provo. Bring money for dinner before the show at K's Japanese Kitchen in Provo.

If you require special accommodations, please advise when you sign up. Tickets have been pre-purchased, so refunds are unavailable unless you can find someone to take your place.



# Lunch & Bowl \$9

### Thursday, January 4th 11:30 a.m.

Meet at the Senior Center at 11:30 a.m. to go to Orem's Miracle Bowl. Price includes one game and shoe rental. Additional games may be purchased at the lanes for \$3.25. (Please plan to stay at the lanes with the group for 2 games even if you don't bowl the second one.) Bring money for lunch before bowling at Molly's on Columbia Lane.

Cancelations on this trip are allowed through Friday, December 15th. After that date, refunds will only be given if you can find someone to take your place.

## **DISCOUNT MOVIE DAY!**



# Color Purple- \$5

# Tuesday, January 9th

We will meet at the Spanish Fork Cinemark Theater. Please pay by Friday, December 29th to get a ticket with the group. Movie times are still unknown, but you will be contacted with the exact time as soon as possible. We are planning for the 2:00(ish) show. Sign up at the front desk, online or over the phone.

# CHAT AND CRAFT!



Thursday, December 14th \$1 12:00pm—2:00pm

We have several paint by number Christmas scenes and several diamond art scenes to choose from. Come and enjoy a fun afternoon. \$1 kits are only available to those who plan to stay the whole time. Items have been pre-purchased, refunds are unavailable.

Space is limited. Sign up soon!



# EARRING CRAFT \$1

Monday, December 4th 12:30pm

Join Anna Benally learning to make a pair of beautiful earrings. Only \$1.00!!

Perfect Christmas gift for a friend (or for you- you deserve it!)





The Best Christmas Pageant Ever Play \$17

Wednesday, December 6th 4:45 p.m.

Meet at the Senior Center to travel in Van-Go to see the Pleasant Grove Players perform The Best Christmas Pageant Ever at the Keith Christenson Little Theater. Bring money for dinner before the show at Cravings Bistro. If you require special accommodations, please advise when you sign up. Tickets have been pre-purchased, so refunds are unavailable unless you can find someone to take your place.



# Hidden Pictures The Elves and the Shoemaker



In this big picture find the puppy, loaf of bread, safety pin, star, spoon, coat hanger, peanut, paintbrush, pencil, cat, spool of thread, airplane, skis, doughnut, ax, bell, and baseball bat.

Return this puzzle by December 8th to be entered into a prize drawing. The winner will be drawn from a pool of entrants with the correct answers. Winner will receive a \$20 gift card!