

65 East 200 South 801.489.8738 <u>www.springvilleseniorcenter.org</u> springvilleseniors@yahoo.com



Monday	Tuesday	Wednesday	Thursday	Friday
Meals	Served	Malibu Chicken 1	Italian Pasta Bake 2	Ham and Beans 3
11:30am-	11:45 am	Au Gratin Potatoes Roll	Broccoli Roll	Cabbage Corn Bread
Please make reservations and cancelations at least one day in advance by 1:00pm. Food is provided by Mountainland. Menu subject to change.  \$3 donation per meal for anyone age 60+ is appreciated		9:00 Foot Clinic (by appt) 9:00 Board Meeting 10:00 Bingo 11:30 Lunch 12:00 Billiards 12:30 Recorder Class	9:00 Tai Chi 9:30 BB & Chocolate \$ 10:00 Open Pottery 11:00 Quilting Group 11:30 Lunch 12:30 Billiards	10:00 Open Pottery 10:15 Swap Bingo 11:30 Billiards 11:30 Lunch 12:15 Movie – (2007) Jane Austen Book Club 1:00 Shakespeare Reading Group
Swedish Meatballs 6 Rice Navel Orange	Fish Filets 7 Potato Wedges Mixed Vegetables	Kalua Pork 8 Hawaiian Rice Pineapple Tidbits	Grilled Hamburgers 9 Potato Salad Pork and Beans	Turkey Breast 10 Garlic Mashed Potatoes Fruit Fluff
10:00 Bunco 10:00 Strength Exercise 11:00 Billiards 11:30 Lunch 1:00 Art Class	9:00 Tai Chi 10:00 Boost Your Brain 12:00 Cards (500) 1:00 Bluegrass Class 6:30 Pottery	10:00 Bingo 11:30 Lunch 12:00 Billiards 12:30 Recorder Class 1:00 Book Club	9:00 Tai Chi 10:00 Open Pottery 11:00 Billiards 11:00 Quilting Group 11:30 Lunch	10:00 Open Pottery 10:15 Swap Bingo 11:30 Billiards 11:30 Lunch 12:15 Movie – (1923) Covered Wagon
Teriyaki Beef Bowl 13	Roasted Pork 14	Chicken Wrap 15	Taco Salad 16	Meatloaf 17
Brown Rice Pineapple	Mashed Potatoes Cookie Bar	Italian Pasta Salad Peaches	Apple Sauce Tortilla Chips	Garlic Mashed Potatoes Orange
10:00 Strength Exercise 10:00 Legal Clinic (by appt) 11:00 Billiards 11:30 Lunch 12:15 Phone Help Class 1:00 Art Class 2:00 Thanksgiving Point\$	9:00 Foot Clinic (by appt) 9:00 Tai Chi 10:00 Boost Your Brain 10:30 Fairview \$ 11:00 Billiards 12:00 Cards (500) 1:00 Bluegrass Class 6:30 Pottery	10:00 Bingo 11:30 Lunch 12:30 Recorder Class 12:30 Fry Bread Class \$	9:00 Tai Chi 10:00 Open Pottery 10:30 Layton Temple \$ 11:00 Podiatrist (by appt) 11:00 Billiards 11:00 Quilting Group 11:30 Lunch	10:00 Open Pottery 10:15 Swap Bingo 11:30 Lunch 12:15 Movie- Argylle 1:00 Shakespeare Reading Group Potluck & Games Sat. 5/18 at 4:30pm
Country Fried Steak 20	Barbecue Chicken 21	Breakfast Burrito 22	Hawaiian Haystacks 23	
Mashed Potatoes Orange	Au Gratin Potato Peaches	Tater Tots Apple Crisp	Rice Pineapple	
10:00 Strength Exercise 11:00 Billiards 11:30 Lunch 1:00 Art Class 1:00 Red Hat Club 4:45 Legally Blonde \$	8:45 Capitol Tour \$ 9:00 Tai Chi 9:00 ROMEOs 10:00 Boost Your Brain 11:00 Billiards 12:00 Cards (500) 1:00 Bluegrass Class 6:30 Pottery	10:00 Bingo 10:00 Layton Temple \$ 10:00 Open Pottery 11:30 Lunch 12:00 Billiards 12:30 Recorder Class	9:00 Tai Chi 10:00 Open Pottery 11:00 Billiards 11:00 Quilting Group 11:30 Lunch	SENIOR CENTER CLOSED
<b>MEMORIAL</b>	Sweet & Sour Chicken 28	•	, ,	Salisbury Steak 31
DAY	Rice Apple 8:30 Stained Glass \$ 9:00 Tai Chi 10:00 Boost Your Brain 11:00 Billiards 12:00 Cards (500) 1:00 Bluegrass Class 6:30 Pottery	Green Salad Brownie  7:45 Capitol Tour \$ 10:00 Bingo 10:00 Open Pottery 11:30 Lunch 12:00 Billiards 12:30 Recorder Class	Chips Mandarin Oranges 9:00 Tai Chi 11:00 Quilting Group 11:30 Lunch 12:30 Amazon Party \$	Mashed Potatoes Fruit Fluff  10:00 Open Pottery 10:15 Swap Bingo 11:30 Billiards 11:30 Lunch 12:15 Movie-(2023) Next Goal Wins 4:30 Importance of Being Earnest \$



### Birthdays!

- 1- Iris Tobler
- 2- Trinka Evjen
- 2- Keith Westover
- 3- Bill Charles
- 3- George Hendrickson
- 3- Ritva Johnston
- 3- Rebecca Mayoh
- 4- Diane Graham
- 5- Nellie Crow
- 6- Deanna Brown
- 6- Glenn Denten
- 7- Sylvia Clegg
- 7- Clark King
- 9- Jorge Mendez
- 10- Roger Nielson
- 11- Cindy Belt
- 12- Patty Bjarnson
- 13- LuAnn Hansen
- 13- Garold Jensen
- 14- Craig Hatfield
- 14- Jim Gazdik
- 16- Jill Rasmussen
- 17- Jerry Dalton
- 17- Sandy Moore
- 17- Anna Mae Wardle
- 18- Bill Brown
- 18- Helen Perry
- 18- LaFae Pyne
- 19- Nancy Sharp
- 21- Brenda Dallin
- 21- Norene Petersen
- 21- Larry Terry
- 23- Charlene Adams
- 23- Linda Badoian
- 28- Brent Tenney
- 29- Sharon Foster
- 29- Nancy Nielson
- 30- Marie Allington

#### **Alternate Meals**

If you would prefer something different from the regular menu option, alternate meals are available.

May 1-3 Chef Salad

May 6-7 Vegetable Beef Soup/ Turkey Sandwich

May 8-10 Chicken Noodle Soup/ Turkey Sandwich

May 13-17 Chef Salad

May 20-21 Cream of Broccoli Soup/ Turkey Sandwich

May 22-24 Cream of Potato Soup/ Turkey Sandwich

May 27-31 Chef Salad

If you would like the alternate meal, please let us know when you make your meal reservations.

# Please see a board member or staff if you have any comments or questions about the Senior Center!

**Board of Trustees**- Daryl Tucker, Cathy Allen, Nancy Jackson, Ruth Nielsen, David Johnston

Secretary- Jane Quinn

Treasurer- Jolene Camara

Senior Center Staff- Tori Eaton, Amber Painter,

Celine Ethington, Silvia Zapata

### **Presented by Golden Age Services**

### **Are You Smarter Than Your Phone?**

Many of us AREN'T! Be sure your phone is fully charged and that you know your passwords-especially to the google store (for android phones) and iTunes/Apple Store (for iPhones)

Monday, May 13th at 12:15 p.m.



Amazon Mystery Box Party! \$5 Thursday, May 30th 12:30 p.m.

We are ordering a mystery return box from Amazon. We will distribute the items and open them to see what we get! (It might be good, it might be something you don't want... no way of knowing.) But hopefully we have fun seeing what there is!

SPACE LIMITED-SIGN UP SOON



# Swap Bingo! Fridays 10:15 a.m.

It's easy: Win a game and pick a prize

BRING EACH DAY YOU PLAY:

a NEW item of value (at least \$1.25)- items will be checked in when you arrive. If you wouldn't want the prize, probably no one else will either:)



### Fry Bread Class \$2

Wednesday, May 15th 12:30 p.m.

Join Anna Benally as she teaches how to make authentic fry bread with several different variations. Each person should bring 4 cups of flour plus a mixing bowl and spoon. Sorry, because supplies are pre-purchased, refunds are unavailable. Class size is limited. Sign up soon!

### "The trips are always full!"

Unfortunately our van only holds twelve and the trips fill up quick!

# What can you do?

### SIGN UP ON THE WAIT LIST!

We set up additional trips a lot! If our waitlist is filling up, we can often create a new trip. If you're on the waitlist, you get first priority on the new trip. Email, call or sign up for the waitlist on our website!

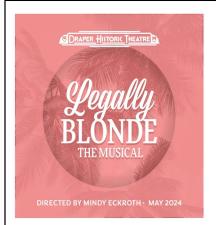




## Fairview Museum \$10

Tuesday, May 14th 10:30 a.m.

Meet at the Senior Center to travel in Van-Go. We will stop first for an early lunch in Spring City at Das Cafe. After lunch, we will travel to the Fairview Museum of History and Art. Cancelations allowed through April 30, after which the fee is non-refundable. If you require special accommodations, please specify when you sign up.



A fabulously fun award-winning musical based on the adored movie, Legally Blonde The Musical, follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams. Action-packed and exploding with memorable songs and dynamic dances - this musical is so much fun, it should be illegal!

Rated PG-13 for sexual content and mild language.

Draper Historic Theater

Monday, May 20th 4:45 p.m. \$19

Meet at the Senior Center at 4:45 p.m. to travel in Van-Go to Draper. Bring money for dinner before the show at Gourmandise. Because the tickets have been prepurchased, refunds are not available unless you can find someone to take your place. If you require special accommodations, please specify when you sign up.



### Stained Glass Exploring

Friday, May 17th 8:30 a.m. \$7

Meet at the Senior Center to ride in Van-Go to Ogden and back exploring Stained Glass stores along the way. Bring money for breakfast in Ogden. Cancelations allowed through May 6th after which the fee is not refundable. Space will be made available on the van for purchases!



Did you know that our Senior Center's bookclub has been running for 17 years and has read almost 190 books? Come join us! You may check out a book from the front desk at any time.

This month's discussion:

May 8th at 1:00 p.m.

All Thirteen by Christina Soontornvat

**Next Month: The Day the World Came to Town** 



# Mister Act at Desert Star Theater Thursday, August 8th 5:15 p.m. \$39

Meet at the Senior Center and travel in Van-Go to Murray to see the spoof play Mister Act. This is a dinner theater, so bring money for dinner during the play if you wish. Because tickets have been pre-purchased, refunds are not available unless you can find someone to take your place. If you require special accommodations, please specify when you sign up.



### **Kearns Mansion Tour \$5**

Wednesday, August 7th 10:45 a.m.

Tour the beautiful Governor's Mansion in Salt Lake City.

Meet at the Senior Center and ride in Van-Go. Bring money for an early lunch at Crown Burger before the tour.

Tickets have been pre-purchased, so refunds are available only if you find someone to take your place. Tour will last approximately 45 minutes and we should return to Springville at about 3:15pm.



Group ticket pre-purchase for April 2025 \$124

April 16-27 on T, W, TH evening (we will know date by fall) \$50 down payment (<u>non-refundable</u>) to secure your spot. Remainder of money is due October 2024.



# Redmond Salt Mine Tour \$17 Tuesday, June 4 8:15 a.m.

### **TRIP #3**

Meet at the Senior Center to travel to Redmond, Utah to visit the salt mine. This is an opportunity that doesn't come around very often! Bring money for lunch at Mom's Cafe in Salina after the tour. Tickets have been pre-purchased so there are no refunds unless you can find someone to take your place. There will be some minimal walking over uneven terrain. Bring a jacket and wear closed toed shoes. The majority of the tour will be in a van. Hard hats will be provided and required to be worn.



# Utah State Capitol Tour & 100 years of film exhibit \$5 Wednesday, May 29th 7:45 a.m.

Meet at the Senior Center and travel in Van-Go to Salt Lake City. Bring money for breakfast at Finn's restaurant in SLC before the tour. The guided tour will take about an hour and then we will spend some time at the 100 years of film exhibit before leaving. Cancelations are allowed through April 26th after which refunds are only available if you can find someone to take your place. If you require special accommodations, please notify when you sign up.



# Layton Temple Open House Thursday, May 16th 10:30 \$5

Meet at the Senior Center to travel to Layton. We will be making a stop at a Senior Center in Layton (or nearby) for lunch before going to the temple open house. Cancelations are available through April 21st after which refunds will only be available if you can find someone to take your place. If you require special accommodations, please notify when you sign up.



### Breakfast Bus + Chocolate Tour \$15 Thursday, June 13th 9:30 a.m.

TRIP #2

Meet at the Senior Center at 9:30 a.m. to travel to North Salt Lake. We will have breakfast at Janet's Sun Shine Café. After the chocolate tour, we will have a few minutes to shop and then be home by 3:30pm. Refunds available through May 20th after which they will only be available if you can find someone to take your place. If you require special accommodations, please specify when you sign up.



### Thanksgiving Point \$18 Monday, May 13th 2:00 p.m.

New Galleries at the Museum of Ancient Life PLUS a Movie on the Mammoth Screen

Meet at the Senior Center at 2:00 p.m. to travel to Lehi to visit the Museum of Ancient Life and see the new galleries. While at the museum we will also see a movie at the Mammoth Screen theater. (Movie choices are not available at this time, but are in 3D on the giant screen and normally are animal related.) Because tickets have been pre-purchased, refunds are unavailable unless you find someone to take your place. Bring money for a stop at Smart Cookie on the way home if you wish.



### Timpanogos Storytelling Festival Friday, September 6th \$40

We are purchasing early-bird tickets for Friday at the storytelling festival! More information about times and events will come as the time gets closer (please plan to be there the whole day). Because we are purchasing tickets, refunds are unavailable unless you can find someone to fill your spot.

Price includes festival ticket and transportation.



Saturday, September 7th - Lindon 12:00 p.m. \$15

Meet at the Senior Center to travel in Van-Go to Lindon. Bring money for lunch before the competition. We are planning just to go and have fun and see what speed puzzling is all about—none of us are expecting to win anything! Competition begins at 2:30 and we will have 2 hours to put together a 1000 piece puzzle in a 4-person team. Points are given for any amount of pieces assembled—even if it isn't complete.

(Remember- we are just going FOR FUN!)



A satire of Victorian social hypocrisy, this witty play is considered Oscar Wilde's greatest dramatic achievement, Jack Worthing is a fashionable young man who lives in the country with his ward. Cecily Cardew. He has invented a rakish brother named Ernest whose supposed exploits give Jack an excuse to travel to London periodically to rescue him. Jack is in love with Gwendolen Fairfax, the cousin of his friend Algernon Moncrieff. Gwendolen, who thinks Jack's name is Frnest, returns his love, but her mother, Lady Bracknell, objects to their marriage because Jack is an orphan who was found in a handbag at Victoria Station, Jack discovers that Algernon has been impersonating Ernest in order to woo Cecily, who has always been in love with the imaginary rogue Ernest. Oscar Wilde's most popular and critically acclaimed comedy!

Importance of Being Earnest—Parker Theater SLC Friday, May 31st 4:30 p.m. \$35

Meet at the Senior Center to travel in Van-Go to Salt Lake.

Bring money for dinner before the show at King Buffet
(Chinese food). Because tickets are pre-purchased, refunds
are unavailable unless you find someone to take your
place. If you require special accommodations, please notify
when you sign up.



Monday, June 24th 4:00 p.m.

Centerpoint Legacy Theater—Centerville \$39

Meet at the Senior Center to travel in Van-Go to Centerville to see Kiss Me Kate. Bring money for dinner before the show at the Hug-Hes Café.

Tickets have been pre-purchased, so refunds are only available if you find someone to take your place.

If you require special accommodations, please notify when you sign up.

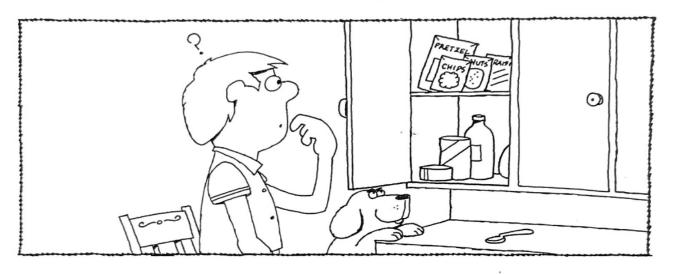


#### A SNACK A DAY



Evan takes a snack with him to school each day, but Evan is a very picky snack-eater. Today is Wednesday and he is trying to decide which snack to take with him to school. On Monday, his mother bought him ten bags of snacks: potato chips, raisins, pretzels, and nuts. See if you can figure out which snack Evan will take today.

Carefully read the clues below. On the chart, check off the snacks that Evan has already taken to school and on which day he has taken them. Cross off the snacks that he will not take on Wednesday based on the clue information given below.



#### Clues

- 1. Evan took potato chips yesterday and pretzels two days ago.
- 2. He never takes the same snack two days in a row.
- 3. He never takes raisins after taking potato chips.
- 4. He waits at least five days between taking another bag of pretzels.

Evan took:		Monday	Tuesday	Wednesday
potato chips	on			
raisins	on			
pretzels	on			
nuts	on			

Return this puzzle by May 15th to be entered into a prize drawing. The winner will be drawn from a pool of entrants with the correct answers. Winner will receive a \$20 gift card!

Name	