

MAY 25

65 East 200 South 801.489.8738

www.springvilleseniorcenter.org

springvilleseniors@yahoo.com



Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Meal Schedule May 1-2 Chef Salad May 5-9 Soup/Sandwich May 12-16 Chef Salad May 19-21 Soup/Sandwich May 27-30 Chef Salad	Meals Served 11:30am- 11:45 am Please make reservations and cancelations at least one day in advance by 1:00pm. Food is provided by Mountainland and The Department of Health and Human Services. Menu subject to change. \$4 donation per meal for anyone age 60+ is appreciated		Sloppy Joe 1 Potato Salad Applesauce 9:00 Tai Chi 10:15 Kentucky Derby (RSVP) 11:00 Quilting Group 11:30 Billiards 11:30 Lunch 12:15 Service Club	Roast Turkey 2 Garlic Mashed Potatoes Beets 10:00 Open Pottery 10:15 Swap Bingo 12:15 Movie- Young Woman and the Sea 12:15 Recorder Class 2:00 Shakespeare Reading Group
Beef Taco Salad 5 Black Beans Apple Sauce 10:00 Open Pottery 10:05 Strength Exercise 10:15 Bunco 10:30 Billiards 11:30 Lunch 1:00 Art Class	Ham & Beans 6 Cabbage Roll 9:00 Tai Chi 10:00 Boost Your Brain 10:30 Billiards 11:30 Lunch 12:00 Cards (500) 12:30 Exercise Class 6:30 Pottery	Kalua Pork 7 Hawaiian Rice Roll 9:00 Board Meeting 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Stay w/ Pack	Chicken Wrap 8 Italian Pasta Peaches 9:00 Tai Chi 9:00 Foot Clinic (by appt) 10:00 Open Pottery 11:00 Quilting Group 11:30 Billiards 11:30 Lunch 4:00 Waitress \$	Roasted Pork 9 Mandarin Oranges Cookie Bar 10:00 Open Pottery 10:15 Swap Bingo 11:30 Lunch 12:15 Movie- Harold & the Purple Crayon 12:15 Recorder Class
Orange Chicken 12 Brown Rice Tropical Fruit 10:00 Open Pottery 10:05 Strength Exercise 10:30 Billiards 11:30 Lunch 12:15 Phone Help Class 1:00 Art Class	Swedish Meatballs 13 Rice Cookie Bar 9:00 Tai Chi 9:00 Foot Clinic (by appt) 10:00 Legal Clinic (by appt) 10:00 Boost Your Brain 11:30 Lunch 12:00 Cards (500) 12:30 Exercise Class 1:00 Trivia "Night" 4:30 Finding Neverland \$ 6:30 Pottery	Fish Filets 14 Potato Wedges Orange 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Stay w/ Pack 12:45 Book Club	Meatloaf 15 Garlic Mashed Potatoes Apple Sauce 9:00 Tai Chi 11:00 Quilting Group 11:30 Billiards 11:30 Lunch 12:15 Which Craft \$	Teriyaki Chicken 16 Rice & Quinoa Mix Fruit Cocktail 9:00 Breakfast Bus \$ 10:00 Open Pottery 10:30 Swap Bingo 12:15 Movie- My Penguin Friend 12:15 Recorder Class 2:00 Shakespeare Reading Group SATURDAY 5/16 4:30 POTLUCK AND GAMES
BBQ Chicken 19 Au Gratin Potatoes Peaches 9:00 Syracuse Temple \$ 10:00 Open Pottery 10:05 Strength Exercise 10:30 Billiards 11:30 Lunch 1:00 Art Class	Biscuits & Gravy 20 Tater Tots Cottage Cheese 9:00 ROMEOs 9:00 Tai Chi 10:00 Boost Your Brain 10:30 Billiards 2:00 Cards (500) 12:30 Exercise Class 6:30 Pottery	Salisbury Steak 21 Garlic Mashed Potatoes Roll 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Stay w/ Pack	Sub Sandwich 22 Potato Chips Jell-O with Fruit 9:00 Tai Chi 11:00 Quilting Group 11:30 Lunch 11:30 Billiards 12:15 Indy 500 (RSVP)	CLOSED FOR MEMORIAL DAY WEEKEND
	Country Fried Steak 27 Mashed Potatoes Orange 9:00 Tai Chi 10:00 Boost Your Brain 10:30 Billiards 12:00 Cards (500) 12:30 Exercise Class 6:30 Pottery	BBQ Pork 28 Au Gratin Potatoes Coleslaw 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Chair Volleyball	Lemon Chicken 29 Rice & Quinoa Mix Pears 9:00 Tai Chi 11:00 Quilting Group 11:30 Lunch 11:30 Billiards 12:15 Kings in Corner Tournament	
				Grilled Hamburger 30 Potato Salad Pork & Beans 10:00 Open Pottery 10:15 Swap Bingo 11:30 Lunch 12:15 Movie- The Long Game 12:15 Recorder Class 5:00 Noises Off \$



Birthdays!

- 1- Iris Tobler
- 2- Trinkka Evjen
- 2- Keith Westover
- 3- George Hendrickson
- 3- Ritva Johnston, Doris Weight
- 4- Diane Graham
- 5- Nellie Crow
- 6- Deanna Brown, Glenn Denton
- 7- Sylvia Clegg, Clark King
- 10- Jane Meier
- 10- Roger Nielson
- 11- Cindy Belt
- 13- LuAnn Hansen
- 13- Garold Jensen
- 14- Craig Hatfield
- 16- Jill Rasmussen
- 17- Jerry Dalton, Sandy Moore
- 17- Vickie Nelson
- 17- Anna Mae Wardle
- 18- Bill Brown
- 18- Helen Perry
- 18- LaFae Pyne
- 19- Joyce Clegg, Nancy Sharp
- 20- Angela Randolph
- 20- Daniel Boyle
- 21- Brenda Dallin, Larry Terry
- 21- Norene Petersen
- 23- Charlene Adams
- 23- Linda Bedouin
- 25- Susan Astle
- 28- Brent Tenney
- 29- Susy Devenish, McKay Elder
- 29- Nancy Nielson
- 30- Maria Allington
- 30- Kathleen Davies
- 31- Pauline Hartvigsen

Alternate Meals

If you would prefer something different from the regular menu option, alternate meals are available.

- May 1-2 Chef Salad
May 5-6 Vegetable Beef Soup/ Turkey Sandwich
May 7-9 Chicken Noodle Soup/ Turkey Sandwich
May 12-16 Chef Salad
May 19-20 Cream of Broccoli Soup/ Turkey Sandwich
May 21st* Cream of Potato Soup/ Turkey Sandwich
May 26-30 Chef Salad

*The alternate will not be available on May 22nd
If you would like the alternate meal, please let us know when you make your meal reservations.

Please see a board member or staff if you have any comments or questions about the Senior Center!

Board of Trustees- Cathy Allen, Nancy Jackson, Ruth Nielsen, David Johnston, Donna Breckenridge

Secretary- Jane Quinn

Treasurer- Jolene Camara

Senior Center Staff- Tori Eaton, Amber Painter, Celine Ethington, Silvia Zapata

Presented by Golden Age Services

Are You Smarter Than Your Phone?

Many of us AREN'T! Be sure your phone is fully charged and that you know your passwords- especially to the google store (for android phones) and iTunes/Apple Store (for iPhones)

Monday, May 12th at 12:15 p.m.

(Bring any questions you might have!)

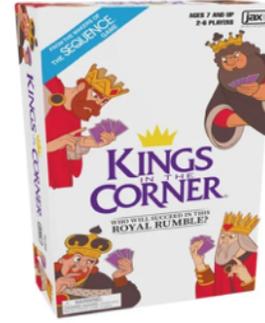


Ghost towns of Carbon County \$12

Friday, June 6th 8:30 a.m.

Meet at the Senior Center and travel in Van-Go to Carbon County to see the sites or remains of some ghost towns in the area: Castle Gate, Peerless, Spring Canyon City, Standardville, Latuda, Mutual, Rains and Kenilworth. Bring money for lunch at the Balanced Rock Eatery in Helper.

Cancellations allowed through May 16th after which refunds will only be available if you find someone to take your place. (A \$2 cancellation fee will apply.)



Kings in the Corner Card Game Tournament!

Thursday, May 29th 12:15 p.m.

*Corners fill with royal flair,
A sneaky play, a bold-eyed stare.
Laughter sparks with every hand,
As rivals rise and friendships stand.*

Try your luck at this super easy card game.

There will be prizes!



Did you know that our Senior Center's bookclub has been running for 17 years and has read almost 200 books? Come join us! You may check out a book from the front desk at any time.

This month's discussion:

May 14th at 12:45 p.m.

The Betrayal of Anne Frank

Next Month: The Hilarious World of Depression

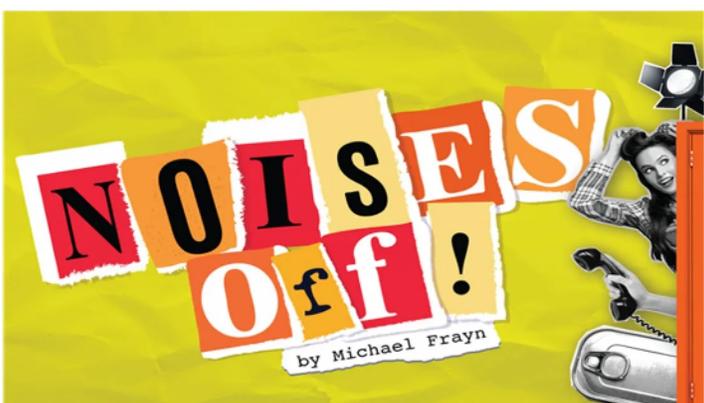


Thursday, May 15th 12:15 p.m.

Fairy House \$12

Join our Which Craft group as we make this cute craft.

All supplies included.



Noises Off Play at Parker Theater SLC \$34
Friday, May 30th 5:00 p.m.

Noises off is a play-within-a-play where the audience follows a British Theater Troupe as they rehearse and perform the play "Nothing On" with the play's backstage chaos and actors' personal dramas mirroring the onstage antics. Rated PG-13 for some adult themes and language.

Meet at the Senior Center and travel in Van-Go to SLC. Bring money for dinner before the show. Because tickets have been pre-purchased, refunds are available only if you can find someone to take your place. (A \$5 cancellation fee will apply.)

KENTUCKY DERBY PARTY

Derby Snacks!
Games!
Fun!

**Thursday, May 1st
10:15 a.m.**

Free event, RSVP
required. Please
contact the front desk.

Wear your favorite
derby attire (including
hats!) if you wish.



SLC NEIGHBORHOOD TOUR
BALLPARK DISTRICT \$5
Friday, June 27th 9:30 a.m.

Did you know that SLC has over 20 different neighborhoods?
Let's go see them! Travel along as we learn the history, and
see the homes and businesses and other distinctive areas in
each neighborhood.

Meet at the Senior Center and travel in Van- Go to Salt Lake
City Ballpark Neighborhood. Bring money for lunch. Sorry, no
refunds unless you are able to find someone to take your
place. (A \$2 cancellation fee will apply.)



SLC NEIGHBORHOOD TOUR
ROSE PARK DISTRICT- \$5
Tuesday, June 17th 9:30 a.m.

Did you know that SLC has over 20 different neighborhoods?
Let's go see them! Travel along as we learn the history, and
see the homes and businesses and other distinctive areas in
each neighborhood.

Meet at the Senior Center and travel in Van- Go to Salt Lake
City Rose Park District. Bring money for lunch. Sorry, no re-
funds unless you are able to find someone to take your place.
(A \$2 cancellation fee will apply.)

SPRINGVILLE SENIOR CENTER PRESENTS
BRITISH ISLES

WITH PRINCESS CRUISES® ON THE REGAL PRINCESS®
11 DAYS / 10 NIGHTS - SEPTEMBER 28 - OCTOBER 8, 2025

Air to depart US on September 27th in order to arrive in London on September 28th

DAY	PORT	ARRIVE	DEPART
1	Southampton (London), England		4:00 pm
2	At Sea		
3	Dublin (Dun Laoghaire), Ireland	7:00 am	7:00 pm
4	Belfast, Northern Ireland	7:00 am	9:00 pm
5	Glasgow (Greenock), Scotland	8:00 am	6:00 pm
6	At Sea		
7	Orkney Islands (Kirkwall), Scotland	7:00 am	6:00 pm
8	Invergorland, Scotland	7:00 am	6:00 pm
9	Edinburgh (South Queensferry), Scotland	8:00 am	7:00 pm
10	At Sea		
11	Southampton (London), England	7:00 am	

	ID	*With Air	W/O Air
Inside Cabin Category	ID	\$5,507	\$2,946
Inside Cabin Category	IC	\$5,532	\$2,971
Balcony Cabin Category	BD	\$6,507	\$3,946
Balcony Cabin Category	BC	\$6,607	\$4,046
Balcony Cabin Category	BB	\$6,607	\$4,046

Rates are per person double occupancy and include roundtrip airfare from *Salt Lake City, cruise, port charges, government fees, taxes, and transfers to/from ship. Government imposed taxes and fees are subject to change and Princess Cruises reserves the right to collect any increases in effect at the time of sailing even if the fare has already been paid in full.

PASSPORT AND UNITED KINGDOM VISA ARE REQUIRED
*United Kingdom Visa is not included and will need to be individually obtained.
DEPOSIT POLICY: An initial deposit of \$500 per person double occupancy or \$1,000 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by May 30, 2025. These are the best rates around! Those who book early get the best prices and the best cabin locations. [MAKE A RESERVATION](http://www.grandamericantours.com) at [grandamericantours.com](http://www.grandamericantours.com).

Itinerary, Perks, and Prices are subject to change.

FOR MORE INFORMATION PLEASE CONTACT
TORI EATON - (801) 489-8738
TO MAKE RESERVATIONS PLEASE CONTACT
GRAND AMERICAN TOURS - 1-800-423-0247

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IF YOU BOOK BY FEBRUARY 28, 2025
ONLY \$100 pp. DEPOSIT REQUIRED
FOR DOUBLE OCCUPANCY
*subject to capacity control
Call for details - 1-800-423-0247

PRINCESS PLUS
FREE Plus Beverage Package
(drinks up to \$15 each)
FREE Unlimited Wi-Fi
(one device per person)
FREE Prepaid Gratuities
Unlimited Juice Bar
Premium Desserts
(2 per day)
Fitness Classes
(2 per cruise)
2 Casual Dining Meals (per guest)
OceanNow® delivery
(order anything in come to you wherever you are)
Room Service Delivery
Offer applies to guests 1 & 2 only.
Offer is capacity controlled and subject to change.
Please call for details - 1-800-423-0247



Escape to breathtaking ocean views, fresh, local flavors and the chance to see someone you love in awe of the world again.



PRINCESS

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Judy Collins in Concert \$58
Park City Egyptian Theater
Friday, June 20th 4:45p.m.

Meet at the Senior Center to travel in Van-Go to Park City. Bring money for dinner before the show. Tickets are pre-purchased, so refunds are not available unless you find someone to take your place. (An \$8 cancellation fee will apply.)

**JOIN OUR
INDY 500 RACE!**

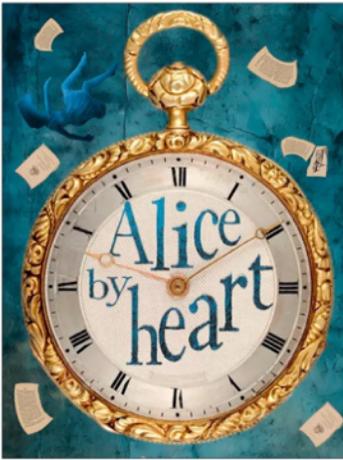
Thursday, May 22nd 12:15 p.m.
RSVP Required.

**FINDING
NEVERLAND**

MAY 5 - JUN 14

Finding Neverland at Hale Sandy \$68
Tuesday, May 13th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to Sandy. Bring money for dinner before the show. Because tickets have been pre-purchased, refunds are unavailable unless you are able to find someone to take your place. (An \$8 cancellation fee will apply.)



Alice by Heart is a touching musical inspired by Alice's Adventures in Wonderland.

In the rubble of the London Blitz of World War II, Alice Spencer's budding teen life is turned upside down, and she and her dear friend Alfred are forced to take shelter in an underground tube station. When the ailing Alfred is quarantined, Alice encourages him to escape with her into their cherished book and journey down the rabbit hole to Wonderland.

As they travel through the tale, Alice by Heart explores the poignancy of first love, coming to terms with loss, and finding the courage to move forward. This musical encourages us all to celebrate the transformational power of the imagination, even in the harshest of times.

Alice By Heart -Musical \$28
West Valley Performing Arts Center
Thursday, June 19th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to West Valley. Bring money for dinner before the show. Because tickets are pre-purchased, refunds are unavailable unless you can find someone to take your place. (A \$5 cancellation fee will apply.)



Syracuse Temple Open House \$8
Monday, May 19th 9:00 a.m.

Meet at the Senior Center and travel in Van-Go to Syracuse. Bring money for lunch after the open house. Cancellations available through May 1st after which refunds are only available if you find someone to take your place. (A \$2 cancellation fee will apply.)

Fraud Alert: Package Delivery Scam

Have you received unsolicited mobile text messages with an unfamiliar or strange web link that indicates a USPS delivery requires a response from you? This type of text message is a scam called smishing.

Smishing is a form of phishing that involves a text message or phone number. Victims will typically receive a deceptive text message that is intended to lure the recipient into providing their personal or financial information. These scammers often attempt to disguise themselves as a government agency, bank, or other company to lend legitimacy to their claims.

The criminals want to receive personally identifiable information (PII) about the victim such as: account usernames and passwords, Social Security number, date of birth, credit and debit card numbers, personal identification numbers (PINs), or other sensitive information. This information is used to carry out other crimes, such as financial fraud.

The USPS does offer package tracking, but customers are required to either register online, or initiate a text message, and provide a tracking number. USPS does not charge for these services! USPS will not send customers text messages or e-mails without a customer first requesting the service with a tracking number, **and it will NOT contain a link.**

If you suspect the text message you have received is suspicious but are expecting a parcel, **please do not click on any links.** Rather, report it and visit USPS.com from your mobile device or computer for tracking.

From uspis.gov



Soldier Hollow Classic \$23

Friday, May 23rd 8:00 a.m.

Meet at the Senior Center and travel in Van-Go to Midway to see the Soldier Hollow Classic sheep dog competition. We will stay about 5 hours and then return home. Food trucks are available on-site. Seating is on bleachers, so you may want to bring a stadium seat. Tickets are pre-purchased, so refunds are unavailable unless you can find someone to take your place. (A \$5 cancellation fee will apply.)



Salt Lake Bees vs. Round Rock Express \$43
Tuesday, June 3rd 5:00 p.m.

Meet at the Senior Center to travel in Van-Go to the NEW Bees Stadium at Daybreak. Price includes ticket and transportation. Bring money for food at the stadium if you wish. Because tickets have been pre-purchased, refunds are unavailable unless you can find someone to take your place. (A \$5 cancellation fee will apply.)



Chair Volleyball!

Wednesday, May 28th

12:15 p.m.

Join us for an afternoon of fun for everyone!

Lunch and Mingle!

Wednesday, April 2nd

Wednesday, May 7th

11:30 a.m.

Come to lunch and be seated randomly with other people. Get to know someone new! Be sure to reserve a lunch in advance, or feel free to bring your own.

(We are happy to accommodate pairs of people as well as individuals.
Just let us know when we are seating you.)



Member Spotlight- Phyllis Miller

Phyllis Miller, born in Simi Valley, California, grew up in Bountiful, Utah, where she graduated from Viewmont High School. She later attended BYU, earning an associate degree in textiles, and met her husband, Steven, while working at BYU's food services.

Phyllis, a middle child in a large family, has always embraced adventure. One of her boldest moments was when she lost the brakes on her VW Bug while driving down a steep hill in Bountiful. Thinking fast, she turned into oncoming traffic and wrapped her arm around a pole to stop the car.

A proud mother of three sons and three daughters, Phyllis also has 22 grandchildren and one great-grandchild. She's known for her love of embarrassing her kids and has enjoyed many hobbies, including crafting, stained glass, reading, and jigsaw puzzles. She also loves Mexican food, lasagna, and dark chocolate—especially sugar!

Phyllis's career has spanned from working in a sewing plant to being a lunch lady for 22 years. Her favorite motto is: "Take time to smell the roses and watch the sunsets. Live by looking for the humor in things."

Phyllis continues to inspire with her adventurous spirit, positive attitude, and sense of humor.



Waitress at Pioneer Theater SLC \$60

Thursday, May 8th, 2025 4:00 p.m.

Meet at the Senior Center and ride in Van-Go to Salt Lake. Bring money for dinner before the show. Tickets have been pre-purchased, so refunds are unavailable unless you find someone to take your place. If you require special accommodations, please notify when you are signing up.



Breakfast Bus & Breather \$5

Hidden Hollow Park Trail— SLC

Friday, May 16th 9:00 a.m.

Meet at the Senior Center at 9:00 a.m. to travel to Salt Lake. We will have breakfast at Redmond Heritage Farm Cafe. After breakfast we will go to Hidden Hollow Park in Sugarhouse and breathe in the spring air. There is a 1/2 mile loop trail if you'd like to walk the trail a few times. We will spend approximately 45 minutes at the park before returning to Springville. Refunds will be given if the trip is canceled due to weather conditions.

No refunds for cancellations unless you can find someone to take your place. (A \$2 cancellation fee will apply.)

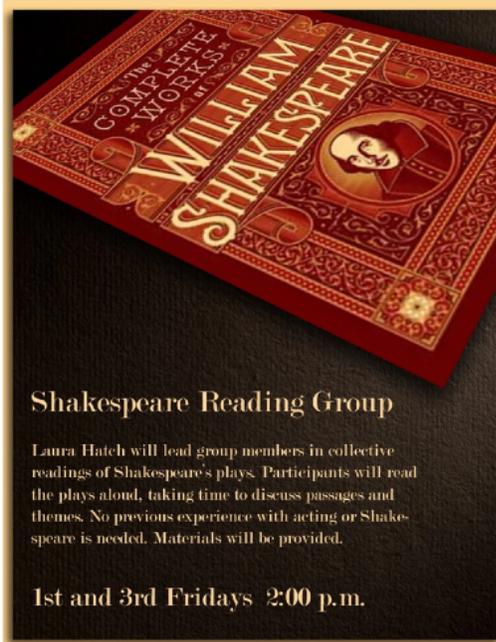
FREE FOR SSC MEMBERS

POTLUCK & GAME NIGHT

SIGN UP TO BRING A SALAD, MAIN DISH OR DESSERT

THIRD SATURDAY OF EACH MONTH

4:30 PM – GAMES FOLLOW DINNER



Shakespeare Reading Group

Laura Hatch will lead group members in collective readings of Shakespeare's plays. Participants will read the plays aloud, taking time to discuss passages and themes. No previous experience with acting or Shakespeare is needed. Materials will be provided.

1st and 3rd Fridays 2:00 p.m.

ART CLASS



MONDAYS
1:00 p.m.

No experience necessary
Bring your own paint supplies
Oil, watercolor, acrylic, pencil, etc.




Join our recorder group!

Fridays 12:15 p.m.

Taught by the incredible Martha Sargent.
Beginners welcome.



Swap Bingo!

Fridays 10:15 a.m.

It's easy: Win a game and pick a prize

BRING EACH DAY YOU PLAY:
a NEW item of value (at least \$1.25)- items will be checked in when you arrive. If you wouldn't want the prize, probably no one else will either :)

BILLIARDS



Open Play

Mondays 10:30-1:00
Tuesdays 10:30-2:00
Wednesdays 12:00-2:00
Thursdays 11:30-2:00
Fridays No Billiards

Special Activities may affect these times. Please see the calendar for updates.



Red Hat Society

Red Hat Society

4th Monday of Each Month
12:30 p.m.

Different locations each month.
Check calendar for details.
All women welcome- wear a red hat!

My dad knows a lot of jokes about retired people, but none of them work.



ROMEO CLUB

Retired Old Men Eating Out

ROMEO CLUB

2nd Tuesday of Each Month 9:00 a.m.
All old men welcome. Meet at Denny's in Springville.



FREE MOVIE FRIDAYS

EVERY FRIDAY
12:15 PM

FREE MOVIES PROJECTED IN OUR LIBRARY FOR SENIOR CENTER MEMBERS

Come join our

SERVICE CLUB

- Help Others
- Build Self of Purpose
- Make the World a Better Place!

Join Today



First Thursday of Each Month
12:15 p.m.

Trivia Night

2ND TUESDAY EVERY MONTH | SPRINGVILLE SENIOR CENTER

**PLEASE ARRIVE BY 12:45
TRIVIA STARTS AT 1PM**

Group trivia and just for fun! Don't be intimidated, just come play!




Silver Sneakers

Exercise Classes!
Tuesdays at 12:30 p.m.



NEW SKILLS Group!

Learn new skills or refresh knowledge you may have forgotten! Contractor Pat Lowe is here to guide you on your journey. Have something specific you'd like to learn? Let us know! Already an expert? Join us to share your skills with others. This will be a supportive and fun group where we help each other grow.

JOIN TODAY!

**Third Thursday of each month
10:15 a.m.**



- 1. BRAIN**
Improve cognitive function in older adults
- 2. OVERALL WELL-BEING**
Improve quality of life markers in healthy and chronically ill people
- 3. MUSCLES**
Improve strength
- 4. IMMUNE SYSTEM**
Improve immune function and reduce inflammation profiles
- 5. BONES**
Increase bone density and prevent fractures in elderly adults
- 6. JOINTS**
Relieve arthritis pain
- 7. BALANCE**
Improve balance and prevent falls in elderly adults
- 8. CONNECTIVE FLEXIBILITY**
Improve strength
- 9. MOOD**
Relieve anxiety and depression symptoms
- 10. CARDIOVASCULAR SYSTEM**
 - Significantly lower blood pressure
 - Reduce the resting heart rate
 - Increase heart rate variability

Benefits of Tai Chi!
Come to our Tai Chi group on Tuesdays and Thursdays at 9:00 a.m.

FITNESS ROOM



OUR EQUIPMENT

- 2 EXERCISE BIKES
- 2 TREADMILLS
- ELLIPTICAL
- WEIGHT MACHINE

**FREE TO SENIOR CENTER MEMBERS
AVAILABLE DAILY FROM 10AM-2PM**

Boost Your Brain

TUESDAYS 10:00 A.M.



JOIN THIS EXCELLENT CLASS OF BRAIN-BOOSTING LEARNING AND ACTIVITIES. FREE TO SENIOR CENTER MEMBERS.



First Monday of each month at 10:15 a.m.

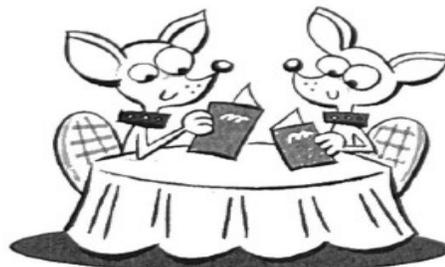
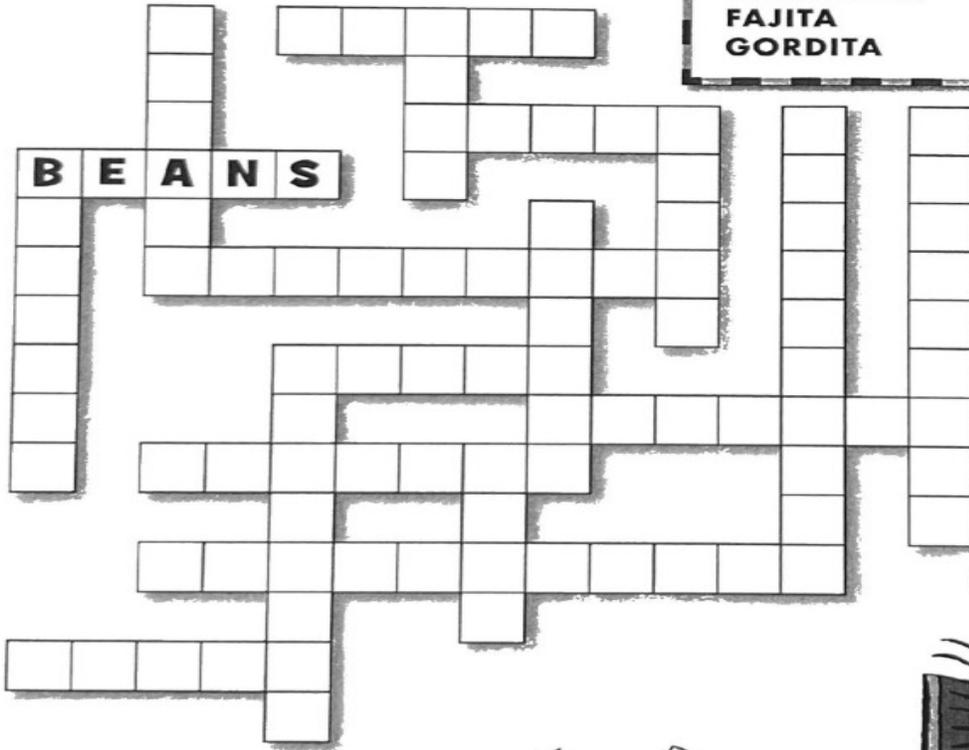
All Senior Center members are welcome. Instruction available if you would like to learn to play.

PRIZES!

What's on the Menu?

¡Hola! We're serving up **18** items that you might order at a Mexican restaurant. Each of these foods can fit into the grid in just one way. Use the number of letters in each word as a clue to where it might fit. Go ahead and dig in!

Menu	
BEANS	GUACAMOLE
BURRITO	QUESADILLA
CARNITAS	RICE
CHILI	SALAD
CHIMICHANGA	SALSA
CHIPS	TACO
ENCHILADA	TAMALE
FAJITA	TAQUITO
GORDITA	TORTA



Illustrated by Kelly Kennedy

What do you do to find joy in your life?

Return this puzzle (and your **answer to the joy** question) by May 14th to be entered into a prize drawing. The winner will be drawn from a pool of entrants with the correct answers.

Winner will receive a \$20 gift card!

Name: _____