

SEP26

65 East 200 South 801.489.8738

www.springvilleseniorcenter.org

springvilleseniors@yahoo.com

springville
SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Meal Schedule Sep 1-3 Soup/Sandwich Sep 8-11 Chef Salad Sep 14-18 Soup/Sandwich Sep 21-25 Chef Salad Sep 28-30 Soup/Sandwich	Taco Salad 1 Green Salad Tropical Fruit 9:00 Tai Chi at the Park 9:00 Foot Clinic(by appt) 10:15 Boost Your Brain 12:00 Cards (500) 12:30 Exercise Class 1:30 Burgess Orchards\$ 6:30 Pottery	BBQ Pulled Pork 2 Au Gratin Potatoes Coleslaw 9:00 Board Meeting 9:45 Ephraim Temple \$ 10:15 Bingo 12:00 Billiards 12:00 Open Pottery 12:15 Movement Class 1:00 Trivia "Night"	Grilled Hamburgers 3 Potato Salad Pork & Beans 9:00 Silver Lake \$ 9:00 Foot Clinic(by appt) 9:00 Tai Chi at the Park 10:00 Open Pottery 11:00 Quilting Group 11:30 Billiards 11:30 Lunch	CLOSED FOR LABOR DAY WEEKEND
	Hot Dog 8 Baked Beans Cookie 9:00 Tai Chi at the Park 10:00 Open Pottery 10:00 Boost Your Brain 12:00 Cards (500) 12:30 Blackjack 12:30 Exercise Class 6:30 Pottery	Creamed Chicken 9 Green Beans Pineapple Tidbits 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Movement Class 12:45 Book Club	Meatloaf 10 Garlic Mashed Potatoes Green Salad 9:00 Tai Chi at the Park 10:00 Open Pottery 11:00 Quilting Group 11:30 Billiards 11:30 Lunch 2:45 Timpanogos Storytelling \$	Chicken Parmesan 11 Spaghetti Green Salad 10:00 Open Pottery 10:15 Swap Bingo 12:15 Movie-Sheep Detectives 12:15 Recorder Class 2:00 Shakespeare 9/12 6pm Bingo Evening
Orange Chicken 14 Rice Tropical Fruit 10:00 Open Pottery 10:05 Strength Exercise 10:15 Bunco 10:30 Billiards 11:30 Lunch 12:15 ASL Class 12:15 Phone Help Class 1:00 Art Class	Cold Cut Subs 15 Potato Chips Jell-O with Fruit 8:30 ROMEOs 9:00 Foot Clinic(by appt) 9:00 Tai Chi at the Park 10:15 Boost Your Brain 10:30 Billiards 12:00 Cards (500) 12:30 Exercise Class 6:30 Pottery	10:00 BINGO & LUNCH IN THE CANYON SIGN UP FOR LUNCH \$6.00 CHEESEBURGER SENIOR CENTER CLOSED	Sloppy Joe 17 Mixed Veggies Cottage Cheese 9:00 Tai Chi at the Park 10:00 Open Pottery 11:00 Quilting Group 11:45 Lunch 12:00 Lunch & Listen Chris McAfee Ukulele	Turkey Breast 18 Garlic Mashed Potatoes Carrots 10:00 Open Pottery 10:15 Swap Bingo 11:30 Lunch 12:15 Movie-Bye Bye Birdie 12:15 Recorder Class 9/19 4:30 Potluck & Games
Country Fried Steak 21 Mashed Potatoes Apple 8:30 Huntington \$ 10:00 Open Pottery 10:05 Strength Exercise 10:30 Billiards 11:30 Lunch 12:15 ASL Class 1:00 Art Class	Malibu Chicken 22 Au Gratin Potatoes Jell-O with Fruit 9:00 Tai Chi at the Park 10:15 Boost Your Brain 10:30 Billiards 12:00 Cards (500) 12:30 Exercise Class 1:30 Provo Library \$ 6:30 Pottery	Beef Stroganoff 23 Rice Apple Crisp 10:15 Bingo 11:30 Lunch 12:00 Billiards 12:00 Open Pottery 12:15 Movement Class	Chicken Wrap 24 Italian Pasta Salad Pears 9:00 Tai Chi at the Park 10:00 Open Pottery 10:00 Magna Museum \$ 11:00 Quilting Group 11:30 Lunch 12:00 Billiards	Honey Ham 25 Scalloped Potatoes Cornbread 10:00 Open Pottery 10:15 Swap Bingo 11:30 Ron Allison Music 12:15 Movie-Project Hail Mary 12:15 Recorder Class 2:00 Shakespeare
Swedish Meatballs 28 Rice Brownie 8:30 Woodruff Scenic \$ 10:00 Open Pottery 10:05 Strength Exercise 10:30 Billiards 11:30 Lunch 12:15 ASL Class 1:00 Art Class 1:00 Red Hat Club	Fish Filets 29 Potato Wedges Orange 9:00 Tai Chi at the Park 10:15 Boost Your Brain 10:30 Billiards 11:30 Lunch 11:30 Nephi DUP \$ 12:00 Cards (500) 12:30 Exercise Class 6:30 Pottery	Salisbury Steak 30 Garlic Mashed Potatoes Fruit Fluff 10:15 Bingo 11:30 Lunch 12:00 Open Pottery 12:00 Billiards 12:15 Movement Class	Meals Served 11:30am- 11:45 am Please make reservations and cancelations at least one day in advance by 1:00pm. Food is provided by Mountainland and The Department of Health and Human Services. Menu subject to change. \$4 donation per meal for anyone age 60+ is appreciated	



September Birthdays!

2- Steve Foster, Wendy Goldman
3- Bruce Mullinex
5- Sharon Holley, Anders Sorensen
6- Catherine Taylor
8- Robert Beardall
8- Dennis Gallagher
9- Carolyn Nielsen, Sharon Compton
9- Sookie Yoo
10- Travis Orton
11- Afton Chipman
11- Iva Tuttle, Todd LeRoy
14- Lynda Kelley
14-Silvia Zapata, James Swingholm
15- Betty Stewart
16- Diane Miller, Kevin Simonson
19- Myrna Ashby
19- Zaida Malave
19- Jane McEwan
21- Spencer Kamauoha
22- Verna Jo Hollingshead
23- Debbie Allred
23- Millicent Lewis
24- Alan Robinson
24- Solvaye Spancer
25- Beulah Astle, Kym Ney
26- Glenn Nichols
26- Jackie Efros, Linda Lane
26- Janet Johnson
26- Liudmila Terebenina
27- Evelyn Clemens, Keith Fackrell
28- Irmina Eden, Arlene Murray
28- Sara Eifert
29- Krista Sprague
29- Elizabeth Gallagher
30- Ron Shalvis, Kevin Golding

Alternate Meals

If you would prefer something different from the regular menu option, alternate meals are available. Please be sure to let us know at least one day in advance if you'd like an alternate meal.

Sep 1	Cream of Broccoli Soup/Turkey Sandwich
Sep 2-4	Vegetable Beef Soup/ Turkey Sandwich
Sep 7-11	Chef Salad
Sep 14-15	Cream of Potato Soup/ Turkey Sandwich
Sep 16-18	Vegetable Beef Soup/Turkey Sandwich
Sep 21-25	Chef Salad
Sep 28-29	Chicken Noodle Soup/ Turkey Sandwich
Sep 30	Cream of Broccoli Soup/Turkey Sandwich

Please see a board member or staff if you have any comments or questions about the Senior Center!

Board of Trustees- Cathy Allen, Chris Carter, Donna Breckenridge, David Johnston, Daryl Tucker

Secretary- Jane Quinn

Treasurer- Jolene Camara

Tips on Travel
Maps, Weather, Translation,
Reservations and Planning



Senior

TECHNOLOGY CLASS

Monday, Sept 14th - 12:15 p.m.

Bring your phone, your questions, and anything you need help with. We'll work with you one-on-one!

"Golden results for your golden years"

WWW.GOLDENAGESERVICES.COM

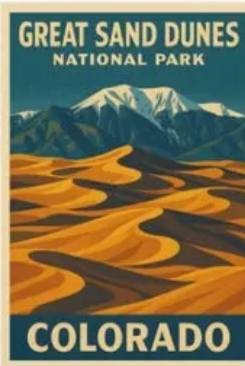


Timpanogos Storytelling Festival \$13

Thursday Night Sneak Peek 2:45 p.m.

Thursday, September 10th

Travel in Van-Go to Thanksgiving Point for the Timpanogos Storytelling festival. The Thursday sneak peek has 1 breakout storytelling session in the tents, followed by a concert and storytelling at the waterfall amphitheater from 6-9pm. Bring a camp chair! Food vendors will be available for dinner. Tickets have been pre-purchased, so refunds are only available if you can find someone to take your place. (A \$2 cancellation fee will apply.)



Southwest Tour!
October 19th-24th
\$843* per person
based on double occupancy

*\$100 non-refundable deposit required to register with balance due August 14th. After August 14th, partial refunds may be available depending on hotel refunds and if people are available to fill your place.

*Price is based on double occupancy. Single occupancy price is \$1441.

*Includes five nights of accommodations, transportation, and admission to all planned attractions. Meals are not included.

Occasionally, while traveling, we may spot something so interesting, or unusual, that someone inevitably exclaims, "HEY—DID YOU SEE THAT?!" Should such a situation arise, the group may vote to make an impromptu stop. Admission fees for these unplanned adventures are not included in the tour price. But life is too short to drive on by... especially mysterious roadside museums, or anything claiming to be the world's largest.

- Day 1: Drive through Moab and Monument Valley. Staying overnight in Bluff.
- Day 2: Drive through Petrified Forest NP - overnight at the Wigwam Motel in Holbrook, AZ
- Day 3: Travel to Albuquerque stopping along the way at the Very Large Array.
- Day 4: Drive to Taos with a stop at Los Alamos.
- Day 5: Drive to Vail, CO. Along the way, we will drive through the Great Sand Dunes NP
- Day 6: Travel back home with a drive through Colorado National Monument.
- PLUS- lots of other stops along the way. Too many to list!

Sponsored Advertisement
Thank you, Golden Age Services!



Did you know that our Senior Center's bookclub has been running since 2009 and has read over 200 books? Come join us! You may check out a book from the front desk at any time.

This month's discussion:

September 9th at 12:45 p.m.

First: Sandra Day O'Connor

Next Month: Keeper of Lost Things



"Golden results for your golden years"

Trusted Partner	Company	Name	Phone
Real Estate	Realtypath	Greg Padgett & Tracy Padgett	(801) 875-7273
Heating & Air	Spring Creek Mechanical	Sara & Brent Harvey	(801) 367-3200
In-Home Care	Always Best Care	Halie Berger	(385) 380-3980
Senior Advising & Placement	Hearthstone Advisors	Mindy Muller	(385) 484-8595
Funeral Pre-Planning	Wheeler & Sundberg	Marianna Adams	(801) 310-5147
Pest Control	SimpleX Pest Control	Matt Mahlsede	(385) 422-2809
Financial Planning	Diversify	Ruben Vilorio	(801) 467-5115
Wills & Trusts	Prigmore Law	Ken Prigmore	(801) 210-1058
Home Remodel	Sensible Solutions	Dan Davis	(801) 800-2013
Mortgages & Refinance	InterCap Lending	Dan Harding	(801) 718-9131
Lawn Care	Mountainside Lawn Care	Hayden Conrad	(385) 895-6601

WWW.GOLDENAGESERVICES.COM



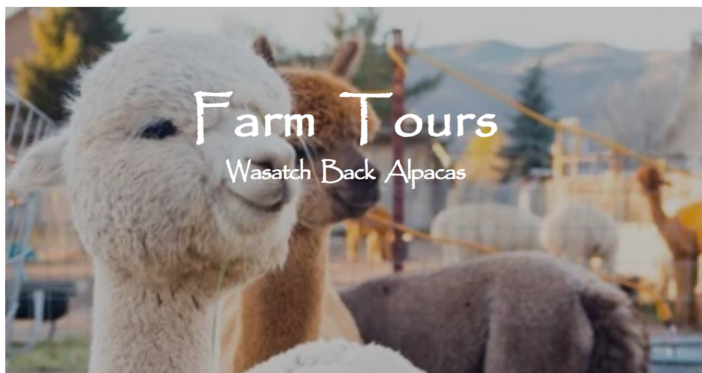
Huntington Scenic Drive \$12 Monday, September 21st 8:30 a.m.

Meet at the Senior Center and travel in Van-Go to Provo to Huntington via Hwy 31. We may see fall colors- we may see burned forests, who knows what we will see! Bring money for lunch along the way (TBA). Refunds available only if you find someone to take your place (a \$2 cancelation fee will apply).



Ephraim Temple Open House \$10 Wednesday, September 2nd 9:45 a.m.

Meet at the Senior Center and travel in Van-Go to Ephraim to visit the new temple open house. Bring money for lunch at the Corner Station Deli in Fairview on the way home. Refunds available only if you are able to find someone to take your place (a \$2 cancelation fee will apply).



Wasatch Back Alpaca Farm \$27 Thursday, October 1st 9:30 a.m.

Meet at the Senior Center and travel to Heber to meet the Alpacas at Wasatch Back Alpaca Farm. Spend time with the Alpacas and learn about how they are raised and why their fiber is so wonderful. Bring money for lunch at Chicks on the way home. Refunds available only if you are able to find someone to take your place (a \$5 cancelation fee will apply).



Witchapalooza! \$65 Dinner Show at Gardner Village Monday, October 26th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to Gardner Village in West Jordan. Price includes dinner, show ticket and transportation. Because tickets are pre-purchased, refunds are unavailable unless you can find someone to take your place (an \$8 cancelation fee will apply).



Magna Mining Museum \$10
Thursday September 24th 10:00 a.m.

Meet at the Senior Center and travel in Van-Go to Magna to the Mining Museum. Bring money for lunch at Lucky's Iron Door Roadhouse on the way home. Refunds available only if you can find someone to take your place (a \$2 cancelation fee will apply).



Provo Library Tour \$3
Tuesday, September 22 1:30 p.m.

Meet at the Senior Center and travel in Van-Go to Provo to the Library at Academy Square. Learn about the history of the building and get a peek behind-the-scenes how the library runs. Bring money for a stop at Pinguino's Gelato on the way home. Sorry, refunds are unavailable for this trip.



Scenic Drive to Woodruff \$15
Monday, September 28th 8:30 a.m.

Meet at the Senior Center and travel in Van-Go toward Woodruff, Utah. Bring money for a late breakfast at the Historic Oaks Restaurant in Ogden Canyon. We may see fall colors, we may see burned forests-- who knows what we will see! Refunds available only if you are able to find someone to take your place (a \$2 cancelation fee will apply). This will be a longer trip- we will return in the evening.



Silver Lake Walk & Bird Watch \$10
Thursday, September 3rd 9:00 a.m.

Meet at the Senior Center and travel in Van-Go to Big Cottonwood Canyon. Bring money for brunch at Ramblin Roads in Midvale on the way home. Refunds are available only if you can find someone to take your place (a \$2 cancelation fee will apply).

Hosted by Division of Services
of the Deaf and Hard of Hearing

BEGINNING Sign Language

All materials
provided,
no experience
necessary.

Mondays @12:15
Sept. 14–Nov. 9 2026

- Alphabet/Fingerspelling
- Numbers
- Common Signs, Greetings & Everyday Expressions
- Will be taught in English Word Order

Springville Senior Center
65 E 200 S Springville, UT
84663

Questions, email us at: afuller1@utah.gov



springville
SENIOR CENTER



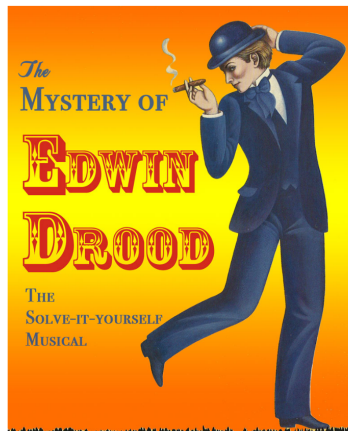
LUNCH & Listen

Open to the public. Call ahead to reserve a lunch at the Senior Center or bring your own! 801-489-8738
65 East 200 South, Springville

Thursday, September 17th
NOON

Chris McAfee
Ukulele

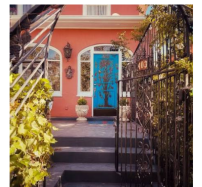
Sponsored by Springville Museum of Art



Based on Charles Dickens' final unfinished novel, this hilarious whodunit invites the audience to solve the mystery and choose the identity of the murderer, resulting in a different ending every performance. This show-within-a-show, presented by a delightfully loony ensemble of characters, is appropriate for most audiences.

Mystery of Edwin Drood Musical \$27
Thursday, October 15th 5:15 p.m.

Meet at the Senior Center and travel to American Fork to the Valentine Theater. Bring money for dinner before the show. Refunds available only if you are able to find someone to take your place (a \$5 cancelation fee will apply).



Casa Pilar is more than a historic home — it is the living legacy of Spanish born artist Pilar Pobil. Built in the 1890s and infused with Pilar's paintings, sculptures, and distinctive style, it stands as one of the most original cultural landmarks in Utah. The home and gardens embody her spirit of creativity, welcoming visitors and drawing admirers from across the globe who come to experience her art, story, and enduring influence.

Casa Pilar Tour \$22
Wednesday, October 7th 2:00 p.m.

Meet at the Senior Center and travel to Salt Lake City for a guided tour of the gorgeous Casa Pilar. Tours at this beauty are rare, so this is a special treat! Bring money for an early dinner after the tour. Refunds available only if you are able to find someone to take your place (a \$5 cancelation fee will apply).



BYU FOOTBALL WATCH PARTY

Sept 5th 6pm
 Sep 12th 1:30pm
 Sep 19th 5:30pm
 Oct 3rd TBA
~~Oct 9th (No Party)~~
 Oct 17th TBA

Oct 24th TBA
 Oct 31st TBA
 Nov 7th TBA
 Nov 14th TBA
 Nov 21st TBA
 Nov 28th TBA

Bring a snack to
share!

The front door will only be unlocked before the game begins. If you plan to arrive late, please make prior arrangements.



Burgess Orchards- Shop & Shakes \$5
 Tuesday, September 1st 1:30 p.m.

Meet at the Senior Center to travel in Van-Go to Alpine to Burgess Orchards! Bring money for a shake or whatever produce you'd like to purchase (some space will be available for purchases). Sorry, no refunds available on this trip.



Lunch & Nephi DUP Museum \$8
 Tuesday, September 29th 11:30 a.m.

Meet at the Senior Center to travel in Van-Go to Nephi- Lunch at the Bar Dub Grill followed by a visit to the Nephi DUP Museum. Refunds available only if you can find someone to take your place (a \$2 cancelation fee will apply).



Noises Off is a fast-paced, hilarious backstage farce by English playwright Michael Frayn that follows a chaotic theatre troupe struggling to stage a fictional sex comedy called *Nothing On*. The play is famous for its clever "play-within-a-play" structure and is divided into three distinct acts that show the production descending into total madness:

Noises Off Play \$15
Scera Indoor Theater
Thurs, October 8th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to Orem to the Scera Indoor Theater. Bring money for dinner before the event. Sorry, refunds are unavailable for this trip unless you find someone to take your place.



SPOTLIGHT: Donna Breckenridge

This month, we're shining the spotlight on Donna Breckenridge! Donna was born in Ontario, Canada, and attended BYU and Waterloo in Canada. She met her husband at the Provo Temple and is now a widow. She is the proud mom of two sons and one daughter and grandma to nine grandchildren—six boys and three girls! Her sons live in Idaho, and her daughter lives in Salem, Utah.

Donna loves to read and volunteer, and she says she has completed everything on her bucket list! Her favorite food is dark chocolate, and her favorite saying is, "You're a Breckenridge—you can do hard things!"

Donna has a fun challenge for you: Two Truths and a Lie! She once lived in Scotland, hitchhiked across Australia, and was a private pilot. Which one is the lie? You'll have to talk to Donna to find out!

Donna also shared a funny story from her late teens. While visiting a friend at a summer cottage, some guys from across the lake invited everyone to go waterskiing. Donna had never waterskied before and didn't even have a swimsuit, so she borrowed a very large one. When she finally tried to get up on the skis, the swimsuit filled with water and dragged behind her! Everyone laughed, and Donna couldn't stop laughing every time she tried again. Needless to say, she never made it up on those skis!

Be sure to say hello to Donna and get to know this fun, adventurous lady!



*Divorced, beheaded, died,
divorced, beheaded,
survived.
From Tudor Queens to Pop
Icons, the SIX wives of
Henry VIII take the
microphone to reclaim their
identities out of the shadow
of their infamous spouse –
remixing five hundred years
of historical heartbreak into
a Euphoric Celebration of
21st century girl power! This
new original musical is the
global sensation that
everyone is losing their
head over!*

Six - The Musical \$180
Thursday, May 13th 4:00 p.m.

Meet at the Senior Center and travel in Van-Go to the Eccles Theater in SLC. Bring money for dinner before the show. Refunds available only if you are able to find someone to take your place (a \$12 cancelation fee will apply).



Chocolate Shopping \$9
Friday, November 6th 8:30 a.m.

Meet at the Senior Center and travel to Salt Lake City to go to chocolate shops! We will visit 6 different stores including Western Nut and Cummings Chocolates. Bring money for brunch about halfway through. Refunds available only if you are able to find someone to take your place (a \$2 cancelation fee will apply).

CANYON Picnic

WEDNESDAY,
SEPTEMBER 16TH



— BINGO —
AT 10AM
— followed by —
LUNCH



BE SURE TO
RESERVE A LUNCH
OR BRING YOUR OWN.



CREEKSIDE PAVILION
at Jolley's Ranch

— Maps available if you need directions! —



LUNCH

in the Canyon

WEDNESDAY, SEPTEMBER 16TH

CREEKSIDE PAVILION

AT JOLLEY'S RANCH

LUNCH AFTER BINGO
(USUALLY AROUND 11:15)

— MENU: —
CHEESEBURGERS
WATERMELON
CORN ON THE COB
BROWNIE

COST:
\$6



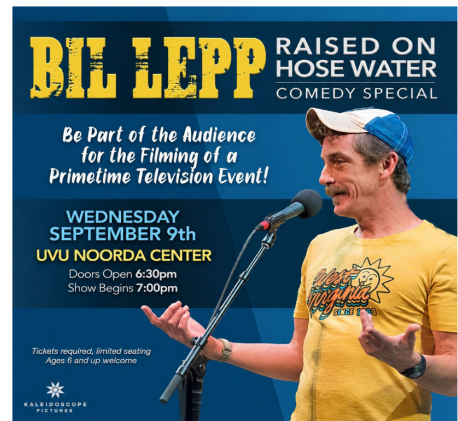
**MUST BE PAID IN ADVANCE
BY FRIDAY, SEPTEMBER 11TH**





Minky Couture Tour \$12
Monday, October 5th 9:00 a.m.

Meet at the Senior Center and travel to Ogden to the Minky Factory. Learn about how these blankets are made in the incredible behind-the-scenes look. Bring money for lunch after the tour. Refunds available only if you are able to find someone to take your place (a \$2 cancelation fee will apply).



Storyteller Bil Lepp \$5
Taping Event
Wed, September 9th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to Orem to UVU. Bring money for dinner before the event. Sorry, refunds are unavailable for this trip.



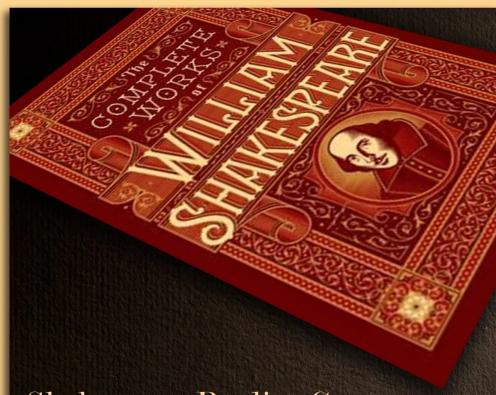
FREE FOR SSC MEMBERS

POTLUCK & GAME NIGHT

SIGN UP TO BRING A SALAD,
MAIN DISH OR DESSERT

THIRD SATURDAY OF
EACH MONTH

4:30 PM – GAMES
FOLLOW DINNER



Shakespeare Reading Group

Laura Hatch will lead group members in collective readings of Shakespeare's plays. Participants will read the plays aloud, taking time to discuss passages and themes. No previous experience with acting or Shakespeare is needed. Materials will be provided.

1st and 3rd Fridays 2:00 p.m.

ART CLASS



MONDAYS
1:00 p.m.

No experience necessary
Bring your own paint supplies
Oil, watercolor, acrylic, pencil, etc.



Recorder Group

Join Martha Sargent in the
Senior Center's recorder
group. No experience
is required!

Fridays at
12:30pm



Swap Bingo!

Fridays 10:15 a.m.

It's easy: Win a game and pick a prize

BRING EACH DAY YOU PLAY:

a NEW item of value (at least \$1.25)- items will be
checked in when you arrive. If you wouldn't want the
prize, probably no one else will either :)

BILLIARDS



Open Play

Mondays 10:30-1:00
Tuesdays 10:30-2:00
Wednesdays 12:00-2:00
Thursdays 11:30-2:00
Fridays No Billiards

Special Activities may
affect these times.
Please see the
calendar for
updates.

Red Hat Society

4th Monday of Each Month
12:30 p.m.

Different locations each month.
Check calendar for details.
All women welcome- wear a red hat!

My dad knows a lot of jokes about retired
people, but none of them work.



ROMEO CLUB

3rd Tuesday of Each Month 8:30 a.m.
All old men welcome. Meet at IHOP in Springfield.

FREE MOVIE FRIDAYS

EVERY FRIDAY
12:15 PM

FREE MOVIES PROJECTED IN
OUR LIBRARY FOR SENIOR
CENTER MEMBERS

Free Movement Class



Gentle Movement Improve Balance



Move Strong, Balance Well!

Wednesdays at 12:15 p.m.

Trivia Night

1ST WEDNESDAY EVERY MONTH | SPRINGVILLE SENIOR CENTER

PLEASE ARRIVE BY 12:45
TRIVIA STARTS AT 1:00PM

*Just for fun! Don't be intimidated,
just come play!*




SilverSneakers®

Exercise Classes!
Tuesdays at 12:30 p.m.



JOIN US

POTTERY

OPEN STUDIO (WORK ON YOUR OWN)
TUESDAY EVENINGS
6:30-8:30 PM

OPEN STUDIO (WORK ON YOUR OWN)

Senior Center members may use the pottery studio — including wheels and tools — at no charge during center hours, as long as the classroom is not in use. Please check with staff about availability. Typical hours are M/Th 10-12, T 12-2, W/FR 10-2

PRICES- FOR SENIOR CENTER MEMBERS ONLY
Clay- 12 pounds \$13
Kiln Fire: \$5.00 1/4 shelf up to 8 inches.
Glaze (use of glaze- includes a glaze fire): \$8.00 1/4 shelf up to 8 inches.

A waiver and classroom use form must be completed before using the studio.
Kiln and glaze fees must be paid in advance.
A storage shelf will be assigned to you upon request. Please limit your work to one shelf due to space limitations.

TAI CHI



**Improve your Balance, Strength,
Agility & Coordination**

9:00 A.M. TUESDAYS/THURSDAYS

During the summer, Tai Chi is held at Spring Creek Park

Made with PosterMyWard.com



Wednesdays 10:15 a.m.
10 games with \$2 cash prizes

Plus a chance to win the BIG BINGO which starts at \$40!

Free to play. Senior Center membership is required.

FITNESS ROOM



OUR EQUIPMENT

- 2 EXERCISE BIKES
- 2 TREADMILLS
- ELLIPTICAL
- WEIGHT MACHINE

FREE TO SENIOR CENTER MEMBERS
AVAILABLE DAILY FROM 10AM-2PM

Boost Your Brain

TUESDAYS
10:00 A.M.



JOIN THIS EXCELLENT CLASS
OF BRAIN BOOSTING LEARNING
AND ACTIVITIES. FREE TO SENIOR
CENTER MEMBERS.



**First Monday of each
month at 10:15 a.m.**

All Senior Center members are welcome.
Instruction available if you would like to
learn to play.

PRIZES!

COMMUNITY **BINGO** *Night!*

**BIG
WINS.
BIG FUN.**

≡ *Join Us!* ≡
**SATURDAY
SEPTEMBER
12TH**



**SPRINGVILLE
SENIOR CENTER**
65 EAST 200 SOUTH
SPRINGVILLE, UT



**DOORS OPEN
5:30 PM**
.....
**BINGO BEGINS
6:00 PM**

\$10

**ADMISSION
FOR A
DRINK AND TREAT!**
Cash or Card Accepted



AGES 12+
AGES 12-17 MUST
ATTEND WITH
A PAYING ADULT.



BRING A \$5+ PRIZE
GET AN EXTRA BINGO CARD ALL NIGHT!

Prize must be new and worth at least \$5.

**13 CASH ROUNDS, 1 SWAP ROUND
CASH PRIZES**