# DEC26

65 East 200 South 801.489.8738
www.springvilleseniorcenter.org
springvilleseniors@yahoo.com

springville SENIOR CENTER

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **Malibu Chicken** 30<br>Au Gratin Potatoes<br>Jell-O with Fruit<br>10:00 Open Pottery<br>10:05 Strength Exercise<br>10:30 Billiards<br>11:30 Lunch<br>1:00 Which Craft $ | **Biscuit & Gravy** 1<br>Scrambled Eggs<br>Tater Tots<br>9:00 Tai Chi<br>9:00 Foot Clinic(by appt)<br>10:15 Boost Your Brain<br>12:00 Cards (500)<br>12:30 Exercise Class<br>3:15 Hershey Movie $<br>6:30 Pottery | **Beef Taco Salad** 2<br>Pinto Beans<br>Tropical Fruit<br>9:00 Board Meeting<br>10:15 Bingo<br>11:15 New Board Vote<br>11:30 Lunch<br>12:00 Open Pottery<br>12:30 Line Dancing<br>1:15 Trivia "Night"<br>3:00 Ogden Village $ | **Chicken Parmesan** 3<br>Spaghetti<br>Garlic Bread<br>9:00 Foot Clinic(by appt)<br>9:00 Tai Chi<br>10:00 Open Pottery<br>10:00 Bean Museum $<br>11:00 Quilting Group<br>11:30 Lunch<br>11:30 Billiards | **Garlic Beef** 4<br>Mashed Potatoes<br>Apple<br>10:00 Open Pottery<br>10:15 Swap Bingo<br>11:30 Lunch<br>11:30 Ron Allison Music<br>12:15 Movie-<br>Man With a Bag<br>12:15 Recorder Class<br>12:30 Midway Creche $ |
| **Salisbury Steak** 7<br>Garlic Mashed Potatoes<br>Fruit & Cottage Cheese<br>10:00 Open Pottery<br>10:05 Strength Exercise<br>10:15 Bunco<br>10:30 Billiards<br>11:30 Lunch<br>12:15 Punch Art Craft $<br>1:00 Art Group | **Chicken Wrap** 8<br>Pasta Salad<br>Pears<br>9:00 Tai Chi<br>9:00 Foot Clinic(by appt)<br>10:00 Open Pottery<br>10:15 Boost Your Brain<br>12:00 Cards (500)<br>12:30 Exercise Class<br>12:45 Art City Bronze $<br>6:30 Pottery | **Beef Stroganoff** 9<br>Rice<br>Apple Crisp<br>10:15 Bingo<br>11:30 Lunch<br>12:00 Open Pottery<br>12:30 Line Dancing<br>12:45 Book Club<br>3:00 Ogden Village $ | **Swedish Meatballs** 10<br>Rice<br>Brownie<br>9:00 Tai Chi<br>10:00 Open Pottery<br>11:00 Quilting Group<br>11:30 Billiards<br>11:30 Lunch<br>4:30 Man Who Came<br>To Dinner $ | **Honey Ham** 11<br>Mashed Potatoes<br>Cherry Pie Bar<br>10:00 Open Pottery<br>10:15 Swap Bingo<br>11:30 Christmas Meal<br>12:15 Hand Massages<br>12:15 Movie-<br>Oh. What. Fun.<br>12:15 Recorder Class<br>**12/12 6pm Bingo Evening** |
| **Chili** 14<br>Corn Bread<br>Fruit & Cottage Cheese<br>10:00 Open Pottery<br>10:05 Strength Exercise<br>10:30 Billiards<br>11:30 Lunch<br>12:15 Phone Help Class<br>1:00 Art Group<br>1:00 Red Hat Club | **Roasted Chicken** 15<br>Quinoa<br>Fruit Cocktail<br>8:30 ROMEOs<br>9:00 Tai Chi<br>10:15 Boost Your Brain<br>12:00 Cards (500)<br>12:30 Exercise Class<br>1:10 Zero A.D Movie $<br>6:30 Pottery | **Meatloaf** 16<br>Garlic Mashed Potatoes<br>Green Salad<br>10:15 Bingo<br>11:00 Podiatrist (by appt)<br>11:30 Lunch<br>11:30 Recorder Concert<br>12:00 Open Pottery<br>12:30 Line Dancing<br>1:00 Scam Presentation | **Chicken Pot Pie** 17<br>Biscuit<br>Apple<br>9:00 Tai Chi<br>10:00 Open Pottery<br>11:00 Quilting Group<br>11:45 Lunch<br>12:00 Lunch & Listen<br>Tubular Christmas |  |

## SENIOR CENTER CLOSED FOR THE HOLIDAYS DECEMBER 18TH THRU JANUARY 3RD
## HAVE A WONDERFUL HOLIDAY SEASON

### Alternate Meal Schedule

**Dec 1-4 Chef Salad**
**Dec 7-11 Soup/Sandwich**
**Dec 14-18 Chef Salad**

Meals Served 11:30am- 11:45 am

Please make reservations and cancelations at least one day in advance by 1:00pm. Food is provided by Mountainland and The Department of Health and Human Services. Menu subject to change.

**$4 donation per meal for anyone age 60+ is appreciated**




## December Birthdays!

1- Jackie Riley, Ronald Hatfield
3- Jane Barolow
3- Monty Foster
4- Allen Perry, KarenLee Logan
5- Sue Lyman
6- Marcy Swingholm,
6- Phil McWhorter
9- Robert Ulrich
10- Suess Dulong
10- Cathy Sanders
10- David Johnston
11- Julie Henley
15- Brian Van Patten
17- Dawna Larson, Ann Lembke
17- Cindy McWhorter
18- Lorraine Vernon
18- Sally Maricle
19- Ron Daughs, Linn Waide
20- Swan Shepherd
21- Susan Aylworth
23- Celia Brukiewa, Blaine Black
24- Carol Nielsen
25- Jolene Camara
26- Anthony Oxborrow
26- Cyndy Pigott
26- Roland Chambers
27- Mark Kelemen
28- Wallace Carr
29- Marianne Green
29- Betty Hatfield
29- Merril Jakins, Joanne Wiley
30- Ellen Nelson, Fran Strong
30- Marilyn Oxborrow
31- Jimmy Benally
31- Robert Handley

## Alternate Meals

If you would prefer something different from the regular menu option, alternate meals are available. Please be sure to let us know at least one day in advance if you'd like an alternate meal.

| | |
|---|---|
| Dec 1-4 | Chef Salad |
| Dec 7-8 | Cream of Potato Soup/ Turkey Sandwich |
| Dec 9-11 | Vegetable Beef Soup/Turkey Sandwich |
| Dec 14-18 | Chef Salad |

**Please see a board member or staff if you have any comments or questions about the Senior Center!**

**Board of Trustees**- Cathy Allen, Chris Carter, Donna Breckenridge, David Johnston, Daryl Tucker

**Secretary**- Jane Quinn

**Treasurer**- Jolene Camara

**Senior Center Staff**- Tori Eaton, Amber Painter, Celine Ethington, Silvia Zapata

**Presented by Golden Age Services**

## Are You Smarter Than Your Phone?

Many of us AREN'T! Be sure your phone is fully charged and that you know your passwords- especially to the google store (for android phones) and iTunes/Apple Store (for iPhones)

**Monday, December 14th at 12:15 p.m.**

**(Bring any questions you might have!)**

## Fraud Alert:

## Reservation hijacking

**When you are preparing for a vacation, you expect to receive an increase in communication about your travel plans. Travel scammers can take advantage of this increase in communication to attempt to confuse and scam you. They can pose as one of the agencies you have booked travel, flights, hotels, or tours with and gain access to your accounts and demand more money from you as a way to secure your plans. They know you may be traveling to unfamiliar territory and may have worries about ensuring everything goes according to plan. If they gain access to your booking information, they can message and indicate something has gone wrong, such as a missed flight or failed payment and offer a quick solution by way of a link for a new payment. They then would have access to sensitive data, credit card numbers or back account credentials. In order to protect yourself, only communicate directly with the company you have booked with and never click on a link without knowing where it leads and never enter sensitive information in a link on an unknown website.**




Did you know that our Senior Center's bookclub has been running since 2009 and has read over 200 books? Come join us! You may check out a book from the front desk at any time.

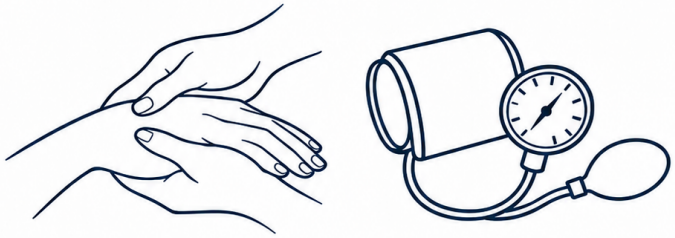
This month's discussion:

**December 9th at 12:45 p.m.**

**Magic of Ordinary Days**

Next Month: Fountains of Silence

# HAND MASSAGES & BLOOD PRESSURE CHECKS



## Friday, December 11th
## 11:15 am

Springville Senior Center
65 East 200 South

*Sponsored by Spring Gardens*




BYU Bean Museum $3

Thursday, December 3rd 10:00 a.m.

Meet at the Senior Center and travel in Van-Go to Provo. Visit the museum including the new Tree of Life Exhibit. Bring money for lunch at the BYU Creamery after the museum. Sorry, no refunds are available for this trip.




# LUNCH & Listen

**3rd Thursday of each month**

**Thursday, December 17th**

**Noon–1 p.m.**

# Tubular Christmas

**Springville Senior Center**
65 East 200 South

Call 801-489-8738 to reserve lunch or bring your own!

Sponsored by the
**Springville Museum of Art**




The story is set during the events surrounding the Nativity and the Massacre of the Innocents as described in the Gospels of Matthew and Luke. When a star rises over Bethlehem and King Herod perceives a newborn prophetic king as a threat to his throne, Mary and Joseph must protect the child amid escalating danger and dark forces

Zero A.D. Movie $5.50

Tuesday, December 15th 1:10 p.m.

Meet at the Cinemark Theater in Spanish Fork. Sorry, tickets are pre-purchased, so no refunds are available for this trip. Please purchase tickets by Friday, December 11th to sit with the group.




## Art City Bronze Tour $5

Tuesday, December 8th 12:45 p.m.

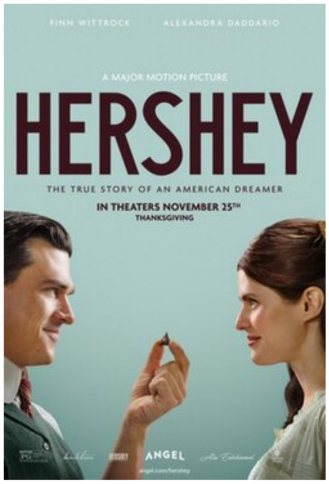
Meet at Art City Bronze in Springville to tour their fine art foundry. Price of the tour will be given as a gratuity to the tour guide. Space is limited. Sorry, no refunds are available for this trip.



## Ogden Christmas Village $9

Wednesday, December 2nd 3:00 p.m.

Meet at the Senior Center and travel in Van-Go to Ogden. The village spans an entire municipal block with 70 holiday cabins decorated by local businesses and organizations. Explore this winter wonderland! Bring money for dinner at Jeremiah's in Ogden before the village. Sorry, no refunds are available for this trip.




Based on the life of Milton Hershey, founder of the iconic Hershey chocolate company. Milton's grit and determination to conquer the world of candy-making propel him from bankruptcy to monumental success, and the love of his life, Kitty, helps him build a legacy sweeter than any candy bar. But when Kitty falls ill, Milton's wild optimism teeters on the edge of destruction, and she sparks an even bolder dream: to leave their fortune in the hands of America's children in need.

## Hershey Movie $5.50

Tuesday, December 1st 3:15 p.m.

Meet at the Cinemark Theater in Spanish Fork. Sorry, tickets are pre-purchased, so no refunds are available for this trip. Please purchase tickets by Friday, November 20th to sit with the group.

# COULD IT BE A SCAM?

## DON'T BE A VICTIM.




**FREE FRAUD PREVENTION PRESENTATION**

Learn how to recognize and avoid common scams that target older adults.

**WEDNESDAY**

**DECEMBER 16, 2026**

**1:00 PM**

**TOPICS INCLUDE:**

- Phone Scams
- Grandparent Scams
- Medicare Fraud
- Sweepstakes Scams
- Internet & Email Scams
- Identity Theft

**SPRINGVILLE SENIOR CENTER**
65 East 200 South

**EVERYONE WELCOME!**
*Bring a friend!*

*Presented by the*
**SPRINGVILLE POLICE DEPARTMENT**



# SPOTLIGHT: Betty & Craig Hatfield

Craig and Betty Hatfield grew up just five blocks apart in Springville, Utah, but didn't meet until the last day of school at Springville High. Betty was visiting teacher Alma Garrett when Craig came in to have his yearbook signed. He handed it to Betty and said, "You sign this!" That was the beginning of their story.

That summer, Betty worked at the Polar King, where Craig would stop in for a cherry Coke. When school started, a friend asked Betty to go on a double date to the Sadie Hawkins dance. Betty called Craig and asked him to go. His response was, "I have to ask my mom!" He had never dated before. After three years of dating, they were married in the Manti LDS Temple.

They have five children, three girls and two boys. All three girls were born in July, while both boys arrived in October! Betty attended Utah Valley Technical College and worked for DHI Computer Service until their first daughter was born. Later, she made nearly 200 wedding cakes from her home. She also worked for 17 years at Sage Creek Elementary as a skill-building coach.

Craig attended Utah Valley School and says he graduated from the "school of hard knocks." He worked as an operating engineer for 42 years in heavy highway construction throughout the West. He also enjoys making leather goods, including belts, wallets, and bracelets.

Craig is Betty's shopping companion, helping carry bolts of fabric so she can make quilts.

One of Craig's favorite sayings is, "You can always get glad in the same shoes you got mad in!"




*Divorced, beheaded, died, divorced, beheaded, survived.*
*From Tudor Queens to Pop Icons, the SIX wives of Henry VIII take the microphone to reclaim their identities out of the shadow of their infamous spouse – remixing five hundred years of historical heartbreak into a Euphoric Celebration of 21st century girl power! This new original musical is the global sensation that everyone is losing their head over!*

## Six - The Musical $180
## Thursday, May 13th 4:00 p.m.

Meet at the Senior Center and travel in Van-Go to the Eccles Theater in SLC. Bring money for dinner before the show. Refunds available only if you are able to find someone to take your place (a $12 cancelation fee will apply).

DONNY
CRAZY HORSES
2027 SUMMER TOUR



## Donny Osmond Concert $118
## Eccles Theater- Salt Lake City
Friday, August 13th 2027 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to Salt Lake City. Tickets are in rows C&D of the first tier. Bring money for dinner before the show. Refunds available only if you can find someone to take your place (a $12 cancelation fee will apply).




The Man Who Came to Dinner Play
West Jordan Community Arts $18
Thursday, December 10th 4:30 p.m.

Meet at the Senior Center and travel in Van-Go to West Jordan. Bring money for dinner before the show. Sorry, refunds are unavailable unless you find someone to take your place (a $2 cancelation fee will apply).



Salt Creek Tundra Swan Migration $16
Thursday, January 28th 8:30 a.m.

Meet at the Senior Center and travel to Tremonton to hopefully see the Trumpeter Swan Migration (fingers crossed on timing!) There may also be bald eagles. Bring money for lunch along the way. Refunds are available only if you find someone to take your place (a $2 cancelation fee will apply). In case of incelment weather, the trip may be canceled by the Senior Center and refunds will be given. **Please note that the Salt Creek Wildlife area requires each person to posess a valid hunting or fishing licence OR complete a very short online class (Tori will help with this! It isn't difficult!)**



## Salt Lake Temple Open House

**SIX TRIPS IN MAY & JUNE 2027**

**$10 per person**

Meet at the Senior Center and travel to Salt Lake for the temple open house. Bring money for lunch after the tour.

*Sorry, refunds are unavailable unless you find someone to take your place (a $2 cancellation fee will apply).*

## Breakfast Bus– $4
## First Watch in Provo
## Monday, January 11th 9:00 am

Meet at the Senior Center and travel in van-go to Provo for breakfast. Price is for transportation. Please bring money for breakfast. Sorry, no refunds are available for this trip. In case of inclement weather, the trip may be canceled by the Senior Center and refunds will be given.






ARIZONA
ROUTE
66
WELCOME TO
WINSLOW






Bucket of Blood
Saloon













Midway Creche Exhibit $5
Friday, December 4th 12:30 p.m.

Meet at the Senior Center and travel to Midway to see one of the country's largest private collections. Holly Zenger has more than 2500 sets! Sorry, refunds are unavailable unless you find someone to take your place (a $2 cancelation fee will apply).




U.S. Figure Skating Championship $75
Maverik Center
Friday, January 8th 12:15 p.m.

Meet at the Senior Center and travel to West Valley to the Maverik Center. We have tickets to the first round of the Men's Short Program and Women's Free Skate (long program). Refunds available only if you are able to find someone to take your place (an $8 cancelation fee will apply).



Punch Needle Craft Class $10
Monday, Dec. 7th
12:15 p.m.



Choose from: Tree, Snowflake or Gnome



Basic Punch Needle Class. Includes all supplies to make one of these cute Christmas treasures.



**Springville Senior Center**

# GENERAL MEMBERSHIP MEETING

**Wednesday, December 2nd**
**11:15 a.m.**

Please join us to affirm our new board members and thank our outgoing board members for their dedicated service.

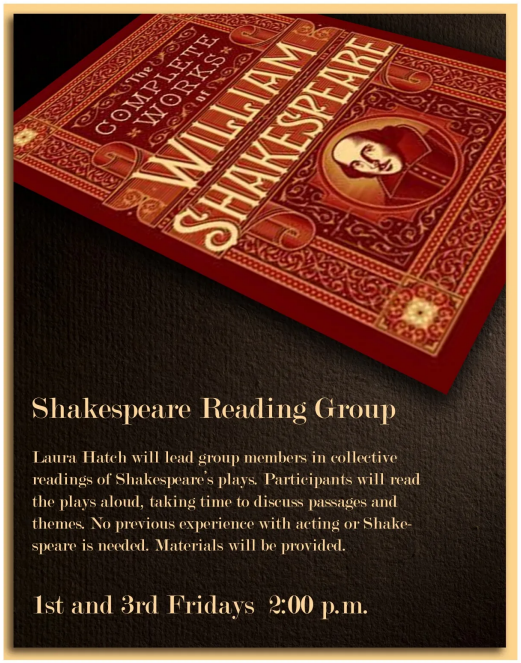
**Your voice matters—please join us!**

FREE FOR SSC MEMBERS

# POTLUCK & GAME NIGHT

SIGN UP TO BRING A SALAD, MAIN DISH OR DESSERT

THIRD SATURDAY OF EACH MONTH | 4:30 PM – GAMES FOLLOW DINNER




## Shakespeare Reading Group

Laura Hatch will lead group members in collective readings of Shakespeare's plays. Participants will read the plays aloud, taking time to discuss passages and themes. No previous experience with acting or Shakespeare is needed. Materials will be provided.

1st and 3rd Fridays 2:00 p.m.

# ART GROUP



**MONDAYS**
1:00 p.m.

No experience necessary
Bring your own paint supplies
Oil, watercolor, acrylic, pencil, etc.



# Recorder Group

Join Martha Sargent in the Senior Center's recorder group. No experience is required!

**Fridays at 12:30pm**






## Swap Bingo!

## Fridays 10:15 a.m.

It's easy: Win a game and pick a prize

BRING EACH DAY YOU PLAY:

a NEW item of value (at least $1.25)- items will be checked in when you arrive. If you wouldn't want the prize, probably no one else will either :)

# BILLIARDS



## Open Play

Mondays 10:30-1:00
Tuesdays 10:30-2:00
Wednesdays 12:00-2:00
Thursdays 11:30-2:00
Fridays No Billiards

Special Activities may affect these times. Please see the calendar for updates.

# Red Hat Society



## Red Hat Society

4th Monday of Each Month
12:30 p.m.

Different locations each month.
Check calendar for details.
All women welcome- wear a red hat!

My dad knows a lot of jokes about retired people, but none of them work.

# ROMEO CLUB

Retired Old Men Eating Out

## ROMEO CLUB

3rd Tuesday of Each Month 8:30 a.m.
All old men welcome. Meet at IHOP in Springville.

# FREE MOVIE FRIDAYS



Join the Fun with

# Line Dance

Easy Steps · Great Music · Good Vibes



Whether you're a beginner or just love to move, our line dance classes are for everyone

Wednesdays

12:30 p.m.

Springville Senior Center ✦✦✦ Main Hall

# Trivia Night

1ST WEDNESDAY EVERY MONTH | SPRINGVILLE SENIOR CENTER

PLEASE ARRIVE BY 12:45
TRIVIA STARTS AT 1:00PM

*Just for fun! Don't be intimidated, just come play!*



SilverSneakers®

Exercise Classes!

Tuesdays at 12:30 p.m.



JOIN US

# POTTERY

**OPEN STUDIO (WORK ON YOUR OWN)**
**TUESDAY EVENINGS**
**6:30-8:30 PM**

**OPEN STUDIO (WORK ON YOUR OWN)**

Senior Center members may use the pottery studio – including wheels and tools – at no charge during center hours, as long as the classroom is not in use. Please check with staff about availability. Typical hours are M/Th 10-12, T 12-2, W/FR 10-2

**PRICES- FOR SENIOR CENTER MEMBERS ONLY**

Clay– 12 pounds $13
Kiln Fire: $5.00 1/4 shelf up to 8 inches.
Glaze (use of glaze- includes a glaze fire): $8.00 1/4 shelf up to 8 inches.

A waiver and classroom use form must be completed before using the studio.
Kiln and glaze fees must be paid in advance.
A storage shelf will be assigned to you upon request. Please limit your work to one shelf due to space limitations.

# TAI CHI

Improve your Balance, Strength, Agility & Coordination

9:00 A.M. TUESDAYS/THURSDAYS

During the summer, Tai Chi is held at Spring Creek Park




Free to play. Senior Center membership is required.

# FITNESS ROOM



**OUR EQUIPMENT**

- 2 EXERCISE BIKES
- 2 TREADMILLS
- ELLIPTICAL
- WEIGHT MACHINE

FREE TO SENIOR CENTER MEMBERS
AVAILABLE DAILY FROM 10AM-2PM

# Boost Your Brain

TUESDAYS
10:00 A.M.



JOIN THIS EXCELLENT CLASS OF BRAIN BOOSTING LEARNING AND ACTIVITIES. FREE TO SENIOR CENTER MEMBERS.

It's Bunco TIME!

**First Monday of each month at 10:15 a.m.**

All Senior Center members are welcome. Instruction available if you would like to learn to play.

**PRIZES!**

# Springville Community BINGO Night!

## Saturday, December 12th

## Springville Senior Center

65 East 200 South

**Doors Open at 5:00 PM • Bingo Begins at 6:00 PM**

**$10 Admission**
*For Drink and Treat*
*(Bingo is Free)*

**16 Rounds**
**Cash Prizes!**

**Ages 12+**
*Ages 12–17 must attend with a paying adult.*



**Bring a *NEW* $5+ Prize**
*Get an extra bingo card for one round!*

## BRING YOUR DAUBER!
*Daubers available for purchase.*

*Plus, festive Christmas prizes, including a cozy Minky Couture blanket!*